



# Westerly Track & Athletic Club, Inc.

## Course Records

### Men's

Course	Runner	Time	Date
Clamdigger 5K	Keith McAteer	16:20	4/25/2021
Clamdigger 5-Mile (Since 2000)	Jeffrey Wadecki	25:32	4/15/2012
Fun Run 5K	Andrew McCann	15:40	7/3/2024
Fun Run Kids Run (1/3 mile)	Luke West	1:47	6/28/2023
Bottone Mile - track (1994 - 2017)	Andrew Springer	4:19.59	7/19/2011
Bottone Mile - road (2018 - )	Timothy Champlin	4:25	8/11/2021
Stonington XC 5K	Chris Garvin	18:26	8/23/2017
Stavros on the Beach 3-Mile (tie)	Mike Galoob	16:20	9/10/2013
Stavros on the Beach 3-Mile (tie)	Matthew Walker	16:20	9/17/2015
Wahaneeta Trail 5K	Matthew Walker	18:59	8/18/2018
Run for the Pumpkins 5K	Matthew Walker	18:47	10/8/2016
Run for the Pumpkins 10K	Liam Hillery	43:14	10/5/2024
Grills Trail 10K	Chris Garvin	39:15	10/30/2021
Grills Trail 10M	Robin Hewson	1:03:55	10/26/2024
Li'l Rhody Runaround 4M	Jeff Walker	24:33	11/14/2021
Li'l Rhody Runaround 8M	Stephen Herrera	44:01	2000

### Women's

Course	Runner	Time	Date
Clamdigger 5K	Kaya West	20:33	4/25/2021
Clamdigger 5-Mile (Since 2000)	Heather Bessette	30:14	4/21/2002
Fun Run 5K	Randi Burr	17:55	7/6/2022
Fun Run Kids Run (1/3 mile)	Riley Powers	1:53	8/17/2016
Bottone Mile - track (1994 - 2017)	Emily Anderson	4:58.9	7/29/2003
Bottone Mile - road (2018 - )	Randi Burr	5:20	8/15/2018
Stonington XC 5K	Laura Brustolon	20:45	8/23/2017
Stavros on the Beach 3-Mile	Randi Burr	18:53	9/8/2017
Wahaneeta Trail 5K	Kate Thomas	24:28	9/3/2016
Run for the Pumpkins 5K	Randi Burr	21:32	10/8/2016
Run for the Pumpkins 10K	Pamela Lezaeta	1:00:37	10/5/2024
Grills Trail 10K	Laura Asbury	53:54	10/30/2021
Grills Trail 10M	Sandy Spitler	1:15:40	10/26/2024
Li'l Rhody Runaround 4M	Shara Bousquet	26:32	11/17/2024
Li'l Rhody Runaround 8M	Kassandra Spitler	52:48	11/19/2023