



# The Westerly Land Trust presents the **Setting the Pace for Conservation 5K** at the **AVONDALE FARM PRESERVE**

All proceeds will be for the stewardship of the Westerly Land Trust's properties.

<b>Date:</b>	<b>Sunday, November 11, 2012</b>
<b>Time:</b>	<b>1pm; Registration begins at 12pm</b>
<b>Location:</b>	Avondale Farm Preserve, Westerly, RI – Quail Run Entrance
<b>Course:</b>	5k course starting and finishing in AFP. Relatively, flat and scenic.
<b>Timing:</b>	Provided by SNERRO
<b>T-Shirts:</b>	Provided to all pre-registrants entered by Saturday, November 3 <sup>rd</sup> , 2012
<b>Refreshments:</b>	Provided to all following the race.
<b>Award Categories:</b>	Male and female, Under 10; 10-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 and older.
<b>Cost:</b>	Pre-registration (up to Nov 3 <sup>rd</sup> ): \$20; Post-registration (after Nov 3 <sup>rd</sup> ): \$25.
<b>Additional Info:</b>	Web: <a href="http://www.westerlylandtrust.org">http://www.westerlylandtrust.org</a>
<b>Waiver of Liability and Assumption of Risk:</b>	In consideration of accepting my entry, I, the undersigned, intending to be legally bound, hereby waive and release any and all rights and claims for losses and damages that I may have against the Westerly Land Trust and its members and representatives, and any volunteer and/or medical personnel and any volunteer personnel for any injury that I may receive from my participation in this race. Any participant under the age of 18 MUST have parents' written permission to compete. I agree to permit the free use of my name and/or picture in any broadcast, telecast or other account of the race and event. I hereby assume any risk arising out of my participation in this event sponsored by the Westerly Land Trust. This waiver of liability and assumption of risk is based upon RI statute 7-6-9 entitles Exemption From Liability.
<b>Registration:</b>	Mail check (payable to Westerly Land Trust) and entry to: The Westerly Land Trust 5K, PO Box 601, Westerly, RI 02891
<b>Name:</b>	
<b>Street Address:</b>	
<b>City, State, Zip:</b>	
<b>Email Address:</b>	
<b>Shirt Size: (circle one)</b>	Small                  Medium                  Large
<b>Sex: (circle one)</b>	Male                                  Female
<b>Age as of 11/11/12:</b>	
<b>Signature:</b>	
<b>Date:</b>	