

Many say it's the standard by which all runners are measured...

How fast can "YOU" run the mile?! Care to answer the question?

Date: Time:	Friday, June 26, 2015 6pm; Registration begins at 5:30pm
Location:	Westerly High School, 23 Ward Avenue, Westerly, RI 02891
Distance:	All heats are 1-mile (4 laps), except children's heat.
Heats:	 Time heats: Children's heat (age 10 and under, 1/2 mile) 8-minute pace 7-minute pace 6-minute pace Masters (age 40 and over) Feature Mile (fastest group)
Timing:	Official results provided by SNERRO timing company
Cost:	Free!
Additional	Web: http://westerlytrackclub.org

Info: E-mail: info@westerlytrackclub.org