



Westerly Track & Athletic Club

33rd Annual Clamdigger

5-mile Road Race, 5K Road Race, and 3-Mile Fitness Walk

Proceeds to benefit local youth running.

- Date:** Sunday, April 13, 2014
- Time:** 11:00 5 mile run, 5K run
 11:00 5K fitness walk (non-competitive)
 12:00 1k Kids' Beach Run Free. Register day of race.
- Location:** Westerly Town Beach Pavilion, 365 Atlantic Avenue, Westerly, RI 02891
- Course** Flat, Fast, Out & Back. Course Map available on web site.
- Timing:** Provided by SNERRO
- Gifts:** Provided to all pre-registrants entered by Saturday, April 5, 2014
- Refreshments:** Chowder and drinks for all participants.
- Award Categories:** Individual: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over
- Cost:** Pre-registration (up to Apr 5): \$15 adults, \$10 age 18 and under
 Post-registration (after Apr 5): \$20 adults, \$15 age 18 and under
 \$2 discount to all pre-registered WTAC members
- Additional Info:** Web: <http://westerlytrackclub.org>
 E-mail: info@westerlytrackclub.org

Waiver of Liability and Assumption of Risk:

In consideration of accepting my entry, I, the undersigned, intending to be legally bound, hereby waive and release any and all rights and claims for losses and damages that I may have against the Town of Westerly, the Westerly Track & Athletic Club, Inc., and its members and representatives, and any volunteer and/or medical personnel and any volunteer personnel for any injury that I may receive from my participation in this race. Any participant under the age of 18 MUST have parents' written permission to compete. I agree to permit the free use of my name and or picture in any broadcast, telecast, or other account of the race and event. I hereby assume any risk arising out of my participation in this event. This waiver of liability and assumption of risk is based upon RI statute 7-6-9 entitled Exemption From Liability.

Registration:

Sign up on-line (preferred) with no additional charges at:
<http://westerlytrackclub.org>
 Or, mail check (payable to WT&AC) and entry to:
 Westerly Track & Athletic Club, PO Box 211, Westerly, RI 02891

(Official Use Only)

Name: _____
 Street Address: _____
 City, State, Zip: _____
 E-mail address: _____
 Signature: _____

Sex: Male Female
 Age (04/13/2014): _____
 Event: 5-Mile Run 3-Mile Walk
 5-K Run
 Date: _____