



# Westerly Track & Athletic Club

## 31<sup>st</sup> Annual Clamdigger

### 5-mile Road Race and 3-Mile Fitness Walk

**Proceeds to benefit local youth running.**

- Date:** Sunday, April 15, 2012
- Time:** 11:00 5 mile run  
11:00 3 mile fitness walk (non-competitive)  
12:00 1k Kids' Beach Run Free. Register day of race.
- Location:** Westerly Town Beach Pavilion, 365 Atlantic Avenue, Westerly, RI 02891
- NEW for 2012:** **Team Competition!** MUST sign-up online preregistration only by Wed Apr 11. Top 3 score.
- Course** Flat, Fast, Out & Back. Course Map available on web site.
- Timing:** Provided by SNERRO
- Gifts:** Provided to all pre-registrants entered by Saturday, April 7, 2012
- Refreshments:** Chowder and drinks for all participants.
- Award Categories:** Individual: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over  
Team: Award to top team.
- Cost:** Pre-registration (up to Apr 7): \$15 adults, \$10 age 18 and under  
Post-registration (after Apr 7): \$20 adults, \$15 age 18 and under  
\$2 discount to all pre-registered WTAC members
- Additional Info:** Web: <http://westerlytrackclub.org>  
E-mail: [info@westerlytrackclub.org](mailto:info@westerlytrackclub.org)

**Waiver of Liability and Assumption of Risk:**

In consideration of accepting my entry, I, the undersigned, intending to be legally bound, hereby waive and release any and all rights and claims for losses and damages that I may have against the Town of Westerly, the Westerly Track & Athletic Club, Inc., and its members and representatives, and any volunteer and/or medical personnel and any volunteer personnel for any injury that I may receive from my participation in this race. Any participant under the age of 18 MUST have parents' written permission to compete. I agree to permit the free use of my name and or picture in any broadcast, telecast, or other account of the race and event. I hereby assume any risk arising out of my participation in this event. This waiver of liability and assumption of risk is based upon RI statute 7-6-9 entitled Exemption From Liability.

**Registration:**

Sign up on-line (preferred) with no additional charges at:  
<http://westerlytrackclub.org>  
Or, mail check (payable to WT&AC) and entry to:  
Westerly Track & Athletic Club, PO Box 211, Westerly, RI 02891

(Official Use Only)
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Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
E-mail address: \_\_\_\_\_  
Signature: \_\_\_\_\_

Sex:  Male :  Female  
Age (04/15/2012): \_\_\_\_\_  
  
Date: \_\_\_\_\_