Westerly Track & Athletic Club Archives the First 15 Years



Part 2 of 3 1981-1983

Created Fall 2008 by Joe Light, WTAC Secretary

revised January 2009



The presentations are broken into small parts to make downloading faster. There is an enormous amount of material from 1981-1985 because former president June Boyles wrote frequent articles for the Westerly Sun and kept them all in a scrapbook which she left with us before moving to Ohio in the late 1980's.

Materials in these presentations are directly related to WTC activities. Races included are either WTC productions, or events where the Club assisted or had WTC members competing as a team or representing the Club. Without these restrictions, this project could have gone on forever.

I would like to thank the following people:

Sheilia Terranova Beattie our excellent Webmaster for her technical expertise and advice
Bob Benson for lending me his personal scrapbooks and box of clippings
Nick Bottone, Jr. for bringing me ancient Track Club files, including the earliest documents from 1975
June Boyles for compiling the 1981-86 Track Club scrapbook
Wendy Carr for lending me the scrapbooks her mother kept
Ray Castagna for an interesting phone conversation from Florida concerning the origins of the Club
Carol Ann Gray for lending me June Boyles' excellent scrapbook that she had been safeguarding
Susan Hathaway for discussing her late husband Sam and his role in the Club's founding
Larry Hirsch for leading me to several sources and for his encouragement
James Hirst for lending me an amazing collection of mounted and laminated clippings from the 1970's
Clem McGrath for his interesting recollection of the origins of the beach race
Steve Sullivan for a collection of clippings

Please send comments, corrections, additions, suggestions to: info@westerlytrackclub.org

Brief History



The Westerly Track & Athletic Club (formerly the Westerly Track Club) was founded in 1975. Prior to that, several area runners, including Sam Hathaway, Scott Hurley and a few others had been producing a series of fun runs throughout South County, including in Weekapaug. Some Westerly residents—among them Ray Castagna, Genevieve Kurdziel, Carol and Jim Angelo had children who participated in these events. They decided to start a local running club, and thus the Westerly Track Club was born.

By the summer of its 2nd year, the fun run series with weekly runs in Weekapaug was started. The Club began producing local races in October 1977 with a half marathon. This was held through 1981. In 1982 it was replaced by the Fall Foliage 10 mile race, which lasted until 1985 when it was dropped due to low attendance. The Li'l Rhody Runaround started in 1992 and has become our most successful annual event. The first Spring race was the Clamdigger which began in 1981 in Avondale and is still going strong in Misquamicut. The low-tide beach race was first held in 1987. It later became part of the Tom McCoy Summer Fun Run series.

The Club used to be mainly about competition, but in recent years the emphasis has been more on service to the community. Our annual races are primarily fund raisers to support the scholarships we award each spring to a college bound male and female. We started this in 1996. In 2007 the Club attained status as a 501(c)(3) nonprofit corporation which requires us to disburse most of our revenues. Over the past several years, in addition to the scholarships, the Club has provided major financial assistance to the Westerly High and Middle School cross country and track & field teams, contributed to a playground repair project, and groomed a cross country course in Bradford, among other endeavors.

Over the years, the Westerly Track & Athletic Club has experienced ups and downs, but I firmly believe we are as strong now as we have ever been. I hope everyone has as much fun looking at these archives as I've had putting them together. And I also hope that someone will continue this project from 1990 to the present. I have plenty of material I can lend out and have leads to much more.

Past Presidents

Dave Anderson June Boyles Ray Castagna Larry Hirsch James Hirst Gene Hines Genevieve Kurdziel Joe Light Bill Pedace Robert Recor Steve Schonning (current as of 2008)

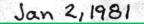


January 1, 1981



Meanwhile, four of the 15 members of area track clubs who braved air and water temperatures in the 30s yesterday for a traditional dip into the ocean waters at Groton Long Point (below). The dip was the end of a five-

mile run with former Boston Marathon winner John Kelley who after the dip hosted a get-together featuring a hot stew and warm fireplace at his Groton home. Participating in the event were members of the Westerly track Club including Gerrianne Chapman, June Boyle, Bruce Richmond and Charlie Ross. On New Year's Eve, Westerly Track Club members dined at the Villa Trombino and then rang in the New Year with a two-mile run.







BY JUNE BOYLES

The Westerly Track Club began the 1981 road racing season by attending several area events.

In New Bedford, gusting winds hampered runners along the otherwise scenic 13.1 mile waterfront course through this historic town. A group of 11 track club members were led by Larry Williams and Joe E. Smith with times of 1 hr. and 28 minutes followed by Leroy Falconi 1 hr. and 32 min., Charles Ross 1 hr. 38 min., Al Darling and Rod Sweet 1 hr. 40 min., Gerianne Chapman, who completed her first marathon several weeks ago in Middletown Conn. with a fine time of 3 hrs. and 47 min., came in next in 1 hr. 44 min.

June Boyles 1 hr. 48 min., Warren Cooper 1 hr. 52 min., Julie Willson 2 hrs.1 min., and Sue Pillsbury, in her first road race, 2 hrs. 40 mins. rounded out the area winners.

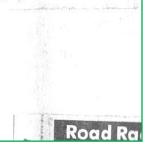
In West Warwick, Larry Hirsch finished the American Legion's St. Patricks Day 4.6. mile road race in 26 min. 23 seconds which placed him in 17th overall and 2nd Master.

Forrester and Brad Safford came in 27 min. and 25 sec. and 27 min. and 38 sec. respectively which placed them 24th and 30th. Clyde Beverly 46th in 29 min. 1 sec. and Ron Hall 64th Master, in 29 min. 57 sec. were also in the top finishers of the 216 finishers.

Agnes Hall won the women's masters division with a time of 36 min. and 22 sec.

Hirsch also competed in the tough Maui Marathon in Hawaii last Sunday and finished 17th overall and 4th in the Masters Division with his time of 2 hrs. and 57 min.

The Westerly Track Club will be sponsoring a local race on April 18th. The Westerly "Clamdigger" 5mile road race will begin at the Avondale Grange at 11 a.m. that Saturday. Entry blanks can be picked up at Arres Sporting Goods, Burdicks Sporting Goods, The New Direction, and the YM-CA.



June Boyles, who wrote many of the Westerly Sun articles used in this section, was a president of the Club in the 1980's. She kept a scrapbook of Club activities from 1981-early 1986, which has been safeguarded by several members over the years. She moved in the late 1980's and now lives in Ohio.

April 1, 1981 Mystic Compass

GOOD SPORT OF THE WEEK

Charlie

Ross

Charlie Ross believes it's never too late to get in shape. He practices this belief in an adult physical fitness class that he gives three days a week at the Mystic Community Center.

The 12 participants in the program show up on Tuesday and Thursday evenings and on Saturday mornings at 7:30 a.m. The fact that everyone shows up for the Saturday morning sessions is one indication of Ross's success in motivating people to get in shape.

There are other indications. One woman in her forties started the program having never done much physically, and she gradually built up to the point where she could run a 13 mile road race.

Other participants are so happy about the program, which was supposed to end last week, that it has been extended for an additional six weeks. "I see very gratifying results," Charlie says.

Given Charlie's 30 years of experience as a distance runner, it should come as no surprise that he regards running as an important part of the program. Although it includes a variety of exercises intended to strengthen the cardio-vascular system, one participant is convinced that Charlie's goal is to get people hooked on running. But his fundamental goal seems to be to convince people that becoming fit can be an enjoyable experience.

Charlie also teaches a back exercise at the Community



Center for people who have problems with their backs.

When he's not teaching, he's likely to be doing something with groups such as the Mystic River Moon Runners and the Westerly Track Club. He enters marathons as well, as shorter distance races.

Each week in this column a person from Mystic, Stonington or Groton is recognized for his or her contribution to local sports or to the community as a whole through sports. Outstanding performances by individual athletes will be recognized, but so will teaching, organizing, coaching, sponsoring or other positive contributions to sporting activities which enhance the quality of life in our communities.

We encourage our readers to suggest candidates for Good Sport of the Week. Write or call Bruce Smith at The Compass, 48 W. Main St., Mystic, CT. Tel: 572-0531.



It's BAA Marathon Time rack Club Trio Makes the List

By JUNE BOYLES (Westerly Track Club)

Easter falls on Sunday. April 19th, this year and is a special day for all Christians.

Monday, April 20th, is also a special day for many run-pers — the 85th annual Boston Marathon will be run from Hopkinton, Mass., to the Prudential Building in downtown Boston, a distance of 26.2 miles.

This particular race is regarded by many to be the tops in marathoning due to the traditions that surround it and because it is the only marathon in which one must have met a qualifying standard in a previous marathon to be able to enter.

This year the Westerly Track Club has three men who have met the standard and are accepting the challenge of Boston. Bob Benson, Ron Hall, and Larry Hirsch will be among the 8,000 to 10,000 runners who make the annual pilgrimage to Hopkinton.

Hirsch, one of New England's top Master (40-49 yrs.) runners, is making his 5th trip to Boston. The past two years have been the most memorable, especially 1979, when he ran his easiest race there just two months after a bout with hepatitis which put him in the hospital for over a week. Last year he remembers the deceptive weather.

At the start it seemed a perfect day but the heat and wind became too much for many of the participants.

Hall is making his 3rd appearance and is concen-trating on a time that will requalify him for next year's race. He's hoping for a cool day with a slight drizzling



LOOKING AHEAD - Eighteen days are left for this trio of Westerly Track Club members to get in top form for the 85th Boston Marathon. The Sun's photographer caught them just before the start of a Sun-

rain, much like 1979, his first Club members will be on year. Benson has experienced the traditions of the Boston Marathon only once, last year. He was most impressed with the large number of people along the course and their encouragement, especially the girls at Wellesley College. He also would like cooler weather.

The Boston Marathon is famous for being a great spectator spot. People line the entire route and cheer for the first, as well as the last, runners. One becomes more involved with the race when looking for a familiar face. such as many Westerly Track

grind, scheduled Monday, April 20th. (Sun Photo by William Burrows)

April 10. Contrary to popular belief, the Westerly Track Club is not strictly a distance running club. During the summer the club sponsors a track and field team for school children and possibly this year for adults also. Practices will begin sometime in late spr-

ing. The club also sponsors fun runs for all members of the family. Memberships are now being accepted for 1981. Contact any board member or call Carol Angelo at 348-8670. Applications may also be picked up at the following

stores: The New Direction, Burdick's Sporting Goods, Westerly Jewelery, and the YMCA.

day workout. Left to right are Bob Benson,

Larry Hirsch and Ronald Hall. All three

have passed qualifying tests for the BAA

Joe Light represented the Westerly Track Club over the weekend in the 10 kilometer Brian Messier Memorial Scholarship Race,

Light placed a most commendable 12th out of 230 finishers with a good time of 36 minutes, 31 seconds,

The Track Club has set its yard sale for May 23rd at the American Legion Hall on Route 1. Members are advised to start cleaning out their attics and garages

Road Race Is Set for Saturday

WESTERLY -The Westerly Track Club is now busy completing last minute details for this Saturday's "Clamdigger" 5-mile road race.

The race is set to start at the Avondale Grange off Watch Hill Road, and tour local roads. The starting gun will sound at 11 a.m. and the course should supply a fastpaced race for those who like to burn up the track, and for those just getting into 5-miler competition, the flat layout should afford an interesting challenge.

The track club's organizers expect well over a hundred racers, and for those first 100 finishers, there will be free Tshirts.

After the race all par-ticipants will be entitled to clam chowder and liquid refreshment.

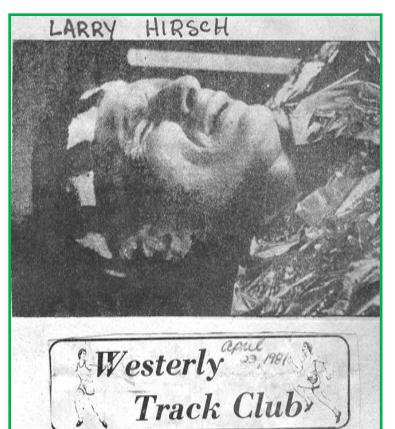
This past weekend several track club members tuned up for Saturday's race by competing in some local races. Joe Light finished 12th for the third week in a row in the Waterford Rotary Club's 5.2 mile road race with his time of 29.09 minutes. "Jogger Joe" Smith toured the route in 33.16 minutes to finish among the 150 runners there.

Another club member, Arlene McCoy ran in the re-cent 3-mile Olde Mistick Village Fun Run last week, finishing in good form.



1981 Boston Marathon

Larry Hirsch always ran at 110% effort. Here he ended up in the medical tent with dehydration.



By JUNE BOYLES

The temperature near 50 degree F. — wind out of the west and the clouds spitting rain — perfect weather, if your a marathoner, that is.

This was just how it turned out for the 85th Bostn Marathon run Monday 6800 official runners left Hopkinton for the 26.2 mile trek to the Prudential building in downtown Boston. Among this throng ran three Westerly Track Club members, Larry Hirsch, Bob Benson, and Ron Hall. Just over 3 hours later, they each had another marathon under their belts.

Hirsch was the first club member to cross the finish line line in 3 hrs. and 2 mins.

Hirsch commented " that the race has become to large and unwieldly; but as usual the medical care after the race ws excellent. It should be run as strictly a "fun run."

Benson followd closely in 3 hrs. 4 min. and 56 sec. "I actually enjoyed the race. The weather was good, cool," he stated later. Both men meet the qualifying standards and will be eligible for next year. Ron Hall didn't have a good

Ron Hall didn't have a good day Monday. His time of 3 hrs. 55 min. 6 sec. is far from his best but he was able to

until I reached the 22 mile mark. My legs went coming down off of Hearbreak Hill and I just broke down from the waist down. I walked most of the way to the end from there."

The 1981 Boston Marathon is now history and a memory, either good or bad, for Westerly Track club members.

Gardiner Pleased With Fine Effort

George Gardiner of Hope Valley is "feeling pretty darn good" about his performance Monday in the 85th Boston AA Marathon.

The veteran of the roadracing grind finished a most commendable 486th place in a time of 2 hours, 34 minutes, 55 seconds.

Gardiner's effort was the best by an entrant from the area.



April 5, 1981

April 18, 1981



By JUNE BOYLES Overcast skies and damp, weather didn't windy discourage a contingent of 23 Westerly Track Club members from competing in the 3rd annual Olde Mistick Village Fun Run.

Larry Hirsch finished 13th overall in the three-mile race and first in the Masters Division in 16 minutes, 39 seconds. He was followed closely by George Silvia, 18th overall and fourth in the under-18 division in 17.6. Brad Safford, 19th in 17.8 and Larry Williams, 21st in 17.23 were also in the top 25 runners

A total of 488 runners finished the three-miler including Ken Kozlin, 18.37; Don Jeffrey, 20.02; Bob Recor, 20.58, and Agnes Hall ran in 21.53, good for second place in the Women's place in

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COLD MICHELIN

Masters. Marty Jones ran the three-miler in 22.03.

Jim Crowley finished in 3rd place in the 5-mile race with a time of 25.19 min. over the hilly course. He was followed by Joe Light in 12th place with a time of 27.49 min. and Forrester Safford in 27th place with a time of 28.47 min.

Among the 391 runners who completed the 5 mile route were these track club members and their times: Bob Benson (30.54 min.); "Jogger Joe" Smith (31.14 min.); Bob Reed (32.00 min); Pete Cardinal (33.08 min.); Roy Rathbone (33.30 min); John Cohoon (36.02min); Joyce Richmond (36.35 min); Bruce Richmond (36.40 min): Linda Mitchell (37.59 min); Chuck Goss (36.27 min.); Nora Safford (38.50 min.); and Sharron Ferguson (40.16 min.).

Westerly Track Club members are looking forward to the "Clamdigger" 5 mile road race being sponsored by the track club to be held Sat. April 18. The race starts from the Avondale Grange at 11 a.m. Entry forms are available at The New Direction, Arres, Burdick's, and the YMCA.



HELPING HANDS - It was a warm day and water was welcomed along the fivemile route by runners competing Saturday in the Westerly Track Club's Clamdigger race starting at the Avondale Grange. Volunteers are here helping to refresh Tom

Peck at left and John Curran at right. Peck and Curran finished one-two in the Sub Masters Division and 6th and 7th overall Jim Crowley of the Westerly Track Club topped the field of 110 in 25 minutes 12 seconds. (Sun Photo by William Burrows)

Crowley 1st in Clamdigger

day's Clamdigger Five-Mile road race starting at Avond: le Grange

he event attracted some 11 runners from Rhode

Jim Crowley of the host Island, Connecticut, earned by the competing Westerly Track Club was Massachusetts and Penn-clubs. The top three-member first across the line in 25 sylvania. Dave Brown of team for men was Westriy minutes, 12 seconds in Satur Johnson & Wales AC was se-Track Club, consisting of cond behind Crowley in 25.52 in the men's open division.

In the men's sub-master (40-49 years of age) Joe Light was first in 27.06, which was

ment in the women's division ment in the women's uverse where Kelly Pinckney won in 31-23, followed by Christine Hennessey in 34:46. Both girls represented Murphy Jr. also one in the women's open division.

Michelle Mitchell of the Thames River Road Runners von the Sub-Master division n 33:54 and Joanne Hutchinion completed the course in 0:27 to take top honors in the Vomen's Master Division, he is a member of the fohegan Striders of Norrich.

Crowley in 1st place, Light 4th and Forrester Safford 9th. For the women it was the young ladies from Murphy Jr. High with Pinckney 37th overall, Hennessey 46th and

Creamer and Safford: Men's Sub-Master - Light, Tom Peck, John Curran, Bob Miles and George Hirst; Men's Master - McCoy, Ben Dyer, Philip Hammen, Mike Butchicer and Public Pathone Hutchinson and Bob Babbitt; Women's Sub-Master --Women's Sub-Master --Michelle Mitchell, Joyce Richmond, Sue Hirst, Linda Mitchell and Michaleen Haeseler; Men's Senior --Discort The Working Back Riker, Don Werling, Ray Packer, Chester Creamer and James MacGlaft; Women's Open - Pinckney Hennessey, Pat Swim, Gerianne Chapman and Gerianne Chapman and Kathy Isbister; Women's Master Division — Hutchin-In addition to individual son, Anne Quagliaroli and wards, recognition was Elace Comrie.



April 29, 1981

Westerly Runners Do Well

WESTERLY — Three Westerly Track Club members traveled to Woonsocket Sunday to compete in the Woonsocket 6.2 mile (10 k) Road Race.

Bruce Richmond lead the locals over the rolling course in 45 minutes, 28 seconds, which was good for 213 place out of 400-plus entrants.

June Boyles followed in 45.34, at 216th, and placed 6th overall among the women. She also took 3rd in the Women's Open Division.

Joyce Richmond finished in 46.30 which placed her 8th among the women, overall and 2nd in the Women's Jr. Master's (30-39 yrs.) Division.

All track members are again reminded about the yard sale coming up on May 23rd at the American Legion Hall on Route 1 in Westerly. Letters will soon be arriving concerning how to donate items for the sale.

Westerly Runners In Action

WESTERLY — Members of the Westerly Track Club were out testing their footspeed last weekend, participating in several events.

Saturday three local runners placed well in the 8th Annual Nathaniel Greene 13mile raod race held in Coventry, R.I.

Joe Light finished second overall with a time of 76 minutes, 54 seconds, just over a minute behind the winner. Brad Safford came in next in 6th place in 79 minutes, 39 seconds. Forrester Safford rounded out the group placing 10th among 53 total runners in 80 minutes, 35 seconds.

In a race held on local streets, Jim Crowley won the Nautilus 4.75-mile fitness run Sunday in a time of 24 minutes, 31 seconds. Gerrianne Chapman won the Women's division of the same race with a 35 minute, 20 second time.

Meanwhile, out on Long Island, some Track Club members traveled to compete in the Newsday Marathon. Rod Sweet, Warren Cooper, and Leroy Falconi put in quite a few miles the past months preparing for this race. Falconi finished the 26.2 mile route in 3 hours, 2 minutes, 50 seconds. This qualified him for next year's Boston Marathon. Sweet followed in 3 hours, 30 minutes; and Cooper in 3 hours, 55 minutes.

All Track Club members and their guests are invited to the next meeting to be held at the Westerly Elks Club Tuesday evening, May 12th at 7:30 p.m. Dr. James Kelly of New London will be the guest speaker. His topic for the evening will be "Running Injuries" and will include a slide presentation.

May 1981

Track Club

MAY 20,1981 Joe Light and Jim Crowley finished well up in Danielson road races conducted Saturday.

Light completed the threemile course in 15.59 for 6th place in a field of over 300.

Crowley covered the fivemile route in 25.07 and took a solid 4th place in the event. The entry list was over 400. Joe Smith also competed in the five-miler.

Many club members participated Sunday under sunny skies in the 5th annual Westerly YMCA Fitness Run.

Among club members running the three, five or 10-mile courses were Nick Bottone, June Boyles, Paul and Karen Ceresa, Andy and Noel Clapham, Warren Cooper, Jim Crowley, Bill and Sharron Ferguson, Steve and Sue Iacoi, Marty Jones, Joe Light, Susan Letterle, Dr. Jim Martin, Adrian Pelchat 111, Bruce, Joyce, Jodi and Sally Richmond, Charlie Ross, Rod Sweet, Richard Webb and Julie Wilson.

Track club members are looking ahead to the club's yard and bake sale to be held Saturday starting at 1 p.m. at the American Legion grounds on Route 1.

Track Club

BY JUNE BOYLES

Many runners had to remind themselves Monday that it is still only the month of May and not mid-July as the blazing sun and temperatures in the 80's made a very uncomfortable day for road racing.

Eleven members of the Westerly Track Club competed in the lst annual Sub Base 5-mile road race at Groton. Larry Williams led the local contingent in 15th position in a time of 30.36.

Following Williams over the challenging course were Bob Benson, 33.22; Bob Reed, 33.48; Charlie Ross, 36.29; Joyce Richmond, 38.04; Rod Sweet, 38.04; Bruce Richmond, 39.15; Linda Mitchell, 40.14; Warren Cooper, 41.12, and Julie Willson, 46.45. Way Hedding also ran but his time and place were no recorded.

Track Club members are reminded that June 9 is an important date. They can bring the family to a Potlack Supper to be held that evening beginning at 6 o'clock at the Elks Club. Beverages will be available.



Chariho Schoolboy Beats Field in Elks Road Race

BY BILL CAWLEY **Sports Editor**

The entry was lighter than usual but the competition as keen as ever in all divisions, as 58 runners chased over the streets in ideal weather in the 24th annual Elks Five-Mile Road Race here yesterday.

Leading them all was Mark Galloway, a product of Chariho High's prolific distance running program. The schoolboy's time was 26:41 and gave him a comfortable margin over Joe Light of the Westerly Track Club, who was second in the open division and in the overall picture at 27:25.

Galloway took over about the midway mark and upped his margin as the field moved closer to the finish line at the Westerly Elks Club Home.

Light's performance gave him first place in the Sub-Master Division.

The Leaders Top finishers in other men's divisions were as follows:

- Todd Collings, Open -6th overall, 28:57, and Larry Purtill, 7th overall, 29:10.

Junior - John Godin of Woonsocket, also 3rd overall, 28:05, Adrian Pelchat, Jr., 4th overall, 28:28, and John Fusco, 8th

overall, 29:29. Sub-Master Joe Light; Clyde Beverly, 10th overall, 29:30, and Michael Conway, 11th overall, 29:46.

Master — Larry Hirsch, 5th overall in the race named in his honor, 28:33; Tom McCoy, 9th overall, 29:31, and Ron Hall, 17th overall, 30:58.

Senior - Richard Webb, 45th overall, 40:04.

Top finishers in the women's division follow:

Juniors - Sue Letterle, 33rd overall, 34:50; Lisa Morrone, 51st overall, 42:19, and Deborah Chapman, 53rd overall, 42:39. Open - Gerianne Chap-

man, 39th overall, 36:27.

Sub-Master — Carolyn Cullinane, 46th overall, 40:34.

- Agnes Hall, Master -42nd overall, 37:39. **Special Awards**

Special awards went to the youngest runners, Justin Verge, 12 years old,

who finished 47th overall in 40:51; Jesse Smith, 13, who ended up 52nd overall in 42:28, and Steven Letterle, 14, 29th overall, 34:00.

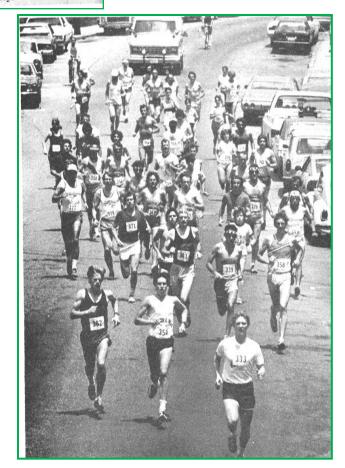
Frank Smith, aged 48, was recognized as the oldest runner. He crossed the line in 24th place in a commendable 32:29.

Rico Federico was race director and was assisted by fellow members of the Elks Lodge and by members of the Westerly Track Club.

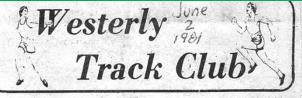
A year ago the entry totaled over 120 in the Elks run but officials noted that yesterday there were several conflicting races throughout the eastern Connecticut-western Rhode Island area. A number of runners who normally compete at Westerly were going over the roads elsewhere.

Jim Crowley, the 1980 Elks champion, was among those seeking competition away from home. He finished second in 23:42 in the Father Casey Memorial race, a 4.7 mile event, yesterday at Gales Ferry.

June 8, 1981







Jim Crowley led the Boyles (37.25), Warren Westerly Track Club con- Cooper (37.40), and Julie tingent, and the entire field of nearly 400, in the 2nd annual Expo Five-Mile road race Sunday at Groton.

Crowley was the winner in 24 minutes, 42 seconds. The field included 16 Westerly club members.

Joe Light ran a strong race to finish 12th in 27.15. Tom McCoy's 34th place time of 29.15 earned him 3rd place in the men's Master division. Westerly took the next 2 posi-tions with Way Hedding (29.13) and Larry Williams (29.22). Following over the gradual course were : Bob Reed (31.50), Joe Pelligrino (33.40), Charlie Ross (34.14), Rod Sweet (34.59), John Cahoon (35.08), Eric Isbister)35.39), Bob Recor (35.41), Kathy Isbister (36.32), June

Willson (40.32).

Another group of Westerly runners traveled to Swansea, Mass. to compete in a hilly 6.2 mile race to benefit the Stevens Children's Home. The hot, humid weather didn't slow Adrian Pelchat III as he led the race for the first three miles and finished in 4th place in 35 min. 58 sec.

He also took top honors in his age division (18 and under). Clyde Beverly crossed the line in 37.44, good for 10th place immediately followed by Adrian Pelchat, Jr., in 11th with his time of 37.51. They took 3rd and 4th, respectively, in their Sub-Master age group.

The next meeting will be a pot-luck supper to be held June 9th at the Elks Club. The supper begins at 6 p.m. Bring the Family! Don't forget the Larry Hirsch Memorial Run on June 7 also at the Elks. The 5 mile race gets underway at 1 p.m.

Westerly TrackClub

The Westerly Track Club's Fun Runs will begin June 23rd at the Weekapaug course at 6 p.m.

The Fitness Seekers and Streakers are still gathering every Sunday morning at 8 a.m. for group runs from Merchants Square. A marathon training group is forming there for those aiming for the East Lyme or Newport Marathons in the fall.

Several Track Club members competed Sunday in the Father Casey Memorial, a 4.7 mile road race, at Gales Ferry. Jim Crowley took 2nd place behind Jim Uhrig, who went the distance in record time of 23:13. Crowley finished in 23:42. Charlie Ross of the WTC placed 3rd in the men's senior division in 32:33 and Chuck Goss followed in 35:58 and Warren Cooper in 36:14.

Track Club

June 1981

Crowley 1st at Groton

Jim Crowley of the Westerly Track Club toured the hilly Groton 5.2 mile course in 26.06 yesterday to add another victory to his im-pressive road-racing list of wins.

Adrian Pelchat,111, ran a 29.03 for an 18th place finish which also gave him 3rd in the high school division. Eight other club members ran the challenging course and finished as follows:

Bob Enson, 32.29; Dr. Bob BOD Enson, 32.29; Dr. BOD Recor, 35.52; Charlie Ross, 36.25; Eric Isbister, 37.28; Joyce Richmond, 37.47; Kathy Isbister, 38.12; Bruce Richmond, 38.18, and Warren Cooper, 39.55.

Next Saturday representatives of the Track Club will be guests on WERI.

Fun Runs are scheduled to start June 23rd at Weekapaug.

By JUNE BOYLES It was a busy weekend for the Westerly Track Club beginning Saturday in beginning Bristol, R.I.

Westerly 23, 1981

Joe Light, Forrester Safford, Brad Safford, Nora Safford, and Todd Collings competed in a 10 miler there. All local runners crossed the finish line in the top 60 out of 400 participants.

Sunday marked the 15th annual running of the Norwich Rose Arts 10.6 mile road race. Many area runners look forward to this race every year because of the challenging course, good organization and excellent competition.

The hot, humid weather made racing difficult but many WTC members were able to come through with some very good perfor-mances. Tom McCoy led the locals with a 66th place finish with a time of 65.42 min. This put him 4th in the Master division.

Also placing in their respective divisions were Adrian Pelchat, Jr. who ran 5:30 p.m. at the Westerly the race in 66.08 min. and a High School track.

7th place in the Sub-Masters; Charlie Ross finished in 76.54 min. which put him in 3rd in the Grand Masters; and Joyce Richmond came through in 82.14 min. and 4th in the Women's Masters. Mc-Coy, Hall and Benson were 2nd team in the Men's Master's team competiton by a mere two places.

Approximately 650 runners completed the course among which were these WTC members: Larry Williams (66.51 min.); Adrian Pelchat III (69.16); Ron Hall (69.37); Bob Benson (69.58); J.E. Vancans (72.26); Bob Reed (76.29); Terry Tarallo (76.29); Terry Tarallo (77.56); Eric Isbister (78.17); Rod Sweet (8205.); Kathy Isbister (84.01); Bruce Richmond (84.28); John Cohoon (85.41); and Warren Cooper (87.21)

The Fun runs begin tonight at 6 o'clock in Weekapaug. Come early for sign ups, and bring some friends. Also track and field practices begin Wednesday evening,



Fun Runs Summer 1981



BY TOM McCOY

Top finishers in the weekly Fun Run staged by the Westerly Club follow:: Boys half mile — Mickey Manfredi, 4:28, Timmy Man-fredi and Shawn Manfredi; girls half mile — Julie Walker, 4:35, Naomi LeRoy and Deborah Clark; young men 1.5 mile — Kari Isomaki 7:26, Tom Allen and Danny Le Roy; young women 1.5 mile — Mary Bishop 10:45, Melanie Gibson and Maureen McCoy. McCoy. Girls 1.5 mile - Sue Let-

terle 9:21, Kathy Hall and Mary Ann Hall; boys 1.5 mile — John Clark, 12:29, and Mike Abarno; men's 1.5 mile Nick Bottone 7:31, Jim Wesolowski and Joe Light; women's 1.5 mile — Cindy Walker 11:12, Chant Clapham and Sandy Kozlin. Mens Masters 1.5 mile -

Ken Kozlin 8:29, Bob Recor and James Crowley, Sr.; women's masters 1.5 mile --Arlene McCoy 16:24 and Jenny Kurdziel; boys 3.5 mile – Peter Swim 35:51, Todd Swim and Todd Mitchell; young men's 3.5 mile – David Kozlin 32:43.

Men's 3.5 mile - Tod Collings 18:20, Jim Crowley and Forrester Safford; women's 3.5 mile — Gerriane Chap-man 23:41, June Boyles and Joyce Richmond; men's masters 3.5 mile – Bob Benmasters 3.5 mile — Bob Ben-son 21:13, Spike Abarno, Mike Latham; women's masters 3.5 mile — Agnes Hall 25:25, Carolyn LeRoy and Carol Latham; Grand Masters 3.5 mile — Dale Cox 21:35, Charles Ross and Charle Modell Charles McNeill.

Charles McNeill. The most improved list in-cluded Don Kugler, Tom Avery, Nora Safford, Sharon Ferguson, Bill Ferguson, An-dy Clapham, Bruce Rich-mond, Eugene LeRoy, Terry Tarralo, Mark Hawk, Wayne Hanson and Larry Williams.



By Tom McCoy

More than 70 runners en-joyed the first Fun Run sponsored by the Westerly Track Club.

Mickey Manfredi was first in the one-half mile run in 4:19, followed by Shawn Manfredi 4:58; Jason Armstrong 5:35; Brandy Richmond 5:49 and Stacy Manfredi 5:56.

Sue Letterle was first in the one and one-half mile run for women in 9:22; followed by Kim Armstrong 9:40; Mary Bishop 10:42; Kathy Hall 10:50 and Maureen McCoy 11:03.

In the men's one and onehalf miler the finish was Nick half miler the finish was Nick Bottone 7:30, establishing a new record for the course; Joe Light 7:32; Jim Wesolowski, 7:58; Tom Mc Coy 8:07; Ron Hall 8:47 and Ken Kozlin 8:57. In the 3.5 mile event for men Tod Collings was first in 18:49 and next in line were Fred Kurdziel 19:50. For-

Fred Kurdziel 19:50; For-rester Safford 19:58; Janis VanCans 20 and Way Hedding 20:03.

June Boyles won the 3.5 miler for women and she was followed across the finish line Gerrianne Chapman bv 23:58; Joyce Richmod 25:03; Agnes Hall 25:38 and Sharon Ferguson 26:13.

Track Club **Holds Run**

WESTERLY - The 6th weekly run in the Westerly Track Club Summer Fun Run series was held last Tuesday at 6 p.m. at the Stonington High Athletic Field.

The run is held every week, alternating between Weekapaug in Westerly and Stonington High. Next week, Aug. 4 the run will be in Weekapaug.

The results from this week's run are as follows:

In the half-mile run, for boys, Mickey Manfredi won in a time of 3:12, following in second and third place were Tim Manfredi and Shawn Manfredi. For the girls, Deborah Clark won with 3:26, with Jenny Laskaski in second and Destiny Van Cans in third.

In the men's 1.7 mile run Jim Crowley won in a time of 8:24, followed by Jim Wesolowski in second and Joe Light in third place. For the women, Kathy Hall was first with 12:02 and Mary Ann Hall and Jodi Richmond second

and third respectively. In the 3-mile run, Andrian Pelchat got first in 15:43, with Fred Kurdziel taking second and Way Hedding in third. For the women, Gerianne Chapman took first in 20:07 and June Boyles second and Joyce Richmond third.

Bob Benson finished the Narragansett 10-mile run last week in a time of 63:40. He finished in 110th place out of a field of more than 500 runners.

2 Track Club

By Tom McCoy 7/12 Mickey Manfredi won the boys one-half mile event in 4:19 in the Westerly Track Club's Fun Run last Tuesday night. Timmy Manfredi and Mike Abarno were next across the finish line.

Front runners in other events follow:

Girls half mile — Cathy Abarno 4:44, Susan Kelly and Brandy Richmond; boys one and a half mile — Tom Allen 9:38 and Mike Kugler; girls one and a half mile -Sue Letterle 9:32, Mary Bishop and Melinda Latham.

Men's one and a half mile - Kon Isormaki 7:02 for a new course record, Joe Light and Jim Wesolowski; women's one and a half mile Chant Clapham 12:23, Jackie Walton and Sandy Kozlin; boys 3.5 mile - Todd Swim 27:44, Peter Swim, David Kozlin and John Kieine; girls 3.5 mile Noelle Clapham 31:57.

Men's 3.5 mile - Fred Kurdziel 19:37, Forrester Safford and Larry Williams; women's 3.5 mile — Ger-rianne Chapman 23:47, June Boyles and Sharon Ferguson. In the June 30th Fun Run,

Adrian Pelchat 111 ran 15:47 for the three-mile run and came in first.

The next fun run will be Tuesday, July 14, at 6 p.m.at Stonington High school Athletic Field.



Another in the series of Westerly Track Club Fun Runs is scheduled tonight at 6 o'clock at Fenway Beach, Weekapaug.

Several runners have improved their times in recent outings, including Jackie Walton, John Walton, Chant Clapham, Ken Kozlin, Bill Ferguson, Bruce Richmond, Spike Abarno, Charlie McNeil, Stack Walton and Brad Safford.

Top finishers in the July 14 Fun Run were:

Boys one-half mile — Mickey Manfredi 3:06, Tim Manfredi and Shawn Manfredi.

Girls one-half mile - Cristy VanCans 3:35, Deborah Clark and Destiny VanCans.

Men's 1.7 mile — Jim Crowley 8:18, Kari Isomaki and Joe Light.

Women-s 1.7 mile - Sue Letterle 11:10, Mary Bishop and Maureen McCoy.

Men-s 3 mile — Janis Van-Cans 16:53, Way Hedding and Forrester Safford.

Women's 3 mile - Gerrianne Chapman 20:10, Joyce Richmond and June Boyles.





Summer 1981

Track Club

The warm weather hasn't slowed some Westerly Track Club members during races these past two weeks.

On the 4th of July, part of the festivities in East Lyme was a 5.2 mile and a 3.2 mile road race. In the 5.2 mile race local runner Ray Beaulieu crossed the finish line in 10th place in 29.20 min. followed closely by Tom McCoy in 30.04 and Ken Kozlin in 32.40. Dr. Robert Recor ran in the 3.2 mile race and finished in a fine time of 20.41. Also running that race were Sandy Kozlin and Arlene McCoy.

Saturday, at the North Stonington Fair, 12 WTC members endured hot, humid conditions to run the hilly 6.3 mile course.

Beaulieu lead the locals with a 12th place finish in 37.43 min. Pete Pelchat was next local to cross the line in 40.14 and less than 2 minutes later Jon Walton came acros with a 42.01.

The next to finish were: Terry Tarallo (44.49 min.); Dr. Recor (46.34 min.); and Andy Clapham (47.34 min.). Kathy and Eric Isbister finished in a hand in hand tie timed at 47.36 min. The remaining 4 WTC members were within seconds of each other as they paraded over the line in this order: Charlie Ross (49.45), Joyce Richmond (49.6), Bruce Richmond (49.51).



By June Boyles

Comfortable calm weather and a flat, fast course resulted in many Westerly Track Club runners setting new personel records for 10 miles Friday night in the 10th annual Narragansett Lions Blessing of the Fleet 10-mile road race.

Blessing of the Free to finite road race. The top local finisher was Jim Crowley in 52 minutes, 15 seconds to place 9th in very tough compition. Todd Collings was 27th in 56.50 and Joe Light was 30th in 57 minutes.

Several club members finished in the top 100 of this class field of 500 runners including:

cluding: Adrain "The Younger" Pelchat, 38th in 57.36; Tom McCoy 58th in 59.24; Forrester Safford 67th in 60.04; Brad Safford 72nd in 61.01; Adrian "The Elder" Pelchat 74th in 61.15; Larry Williams 76th in 61.25 and ; Michael Conway 97th in 63.14.

76th in 61.25 and ; Michael Conway 97th in 63.14. They were followed by Terry Tarallo, Tom Swim, Charlie Ross, Andy Clapham, Bruce Richmond, Mark Hawk and Charlie Sabukowicz. Gerianne Chapman, Joyce Richmond and June Boyles paced each other along the route and finished with times of 74:15, 74.19 and 74.33. Nora Safford, Todd Swim and Pat Swim had fine times.

The next morning several WTC members ventured into the Pachaug State Forest in Voluntown for the annual Mt. Misery 10 kilometer race. Way Hedding survived single file Indian trails and uneven fire trails to finish 44th in 43.36, followed by Jeff Morin in 44.06, Eric Isbister in 47.21 and Kath Isbister in 50.28.

Anyone interested in training for one of the fall marathons is welcome to join on the long training runs held Sunday monings at 8 o'clock starting at Merchants Square. Several experiencd marathon runners are available to answer questions. Those not training for a marathon are also welcome to come and run, jog, or walk some of the shorter courses. Members are remind of the

Members are remind of the Bake Sale to be held July 31st for the Hometown Festival Days.

WTC bake sale July 31, 1981

Track Club

The field of 700 runners in the 2nd annual Fort Adams seven-mile road race Saturday included several Westerly Track Club members.

Leading the locals was Larry Hirsch in 54th place with a time of 40.46 and others in the top 100 included Clyde Beverly, 66th in 41.14, and Forrester Safford, 85th in 41.54.

The rolling route, which follows a portion of the Ocean State Marathon route, provided the opportunity for many runners to set personal records, including Brad Safford, Joe Pellegrino, Mark Hawk, Gerianne Chapman, Roy Rathbone, Tom Swim, Nora Safford, Peter Swim, Pat Swim and Todd Swim.

Members of the Track Club are reminded of the potluck Fun Run picnic scheduled August 28th at the YMCA Camp Watchaug. A softball game will commence at 5:30 for the early birds.

8-12-81



September 1981



Track Club

By JUNE BOYLES For most of the year, Block island is a peaceful, easygoing place. One exception to this is a Saturday in September when some 700 runners converge for the annual 15Km (9.3 miles) Road Race.

Eleven Westerly Track Club members were among the participants. Jim Crowley led the locals with an 11th place finish in 51 min. 35 sec. Also in the top 100 were: Joe Light, 23rd in 54:44; Todd Collings, 25th in 55:15; Tom Beattie, 31st in 56:59; and Bob Benson, 63rd in 60:47. Roy Rathbone had a fine time of 68:36 min.

Joyce Richmond and Gerianne Chapman crossed the line in a dead heat in 71:05 min. followed by Andy Clampham in 72:47; Bruce Richmond in 73:20; and Nora Safford in 78.30. Westerly 1981 Track Club

BY JUNE BOYLES Four members of the

Westerly Track Club set records of their own while Greg Meyer was shattering the national 20 kilometer mark over the weekend in the 4th annual New Haven race over the 12.4 mile course.

Jeff Morin covered the route in 75 minutes to lead the locals and following him were Charlie Ross in 87 minutes; Mark Hawk in 89 minutes and June Boyles in 95.07 minutes.

Recently, Tom Beattie was victorious in the first annual Preston City 6.8 mile road race in 39 minutes, 50 seconds over a hilly course. Ross won the men's Grand Master Division in 49:42 and Boyles was second in the Women's Open in 50:40.

Several track club members have been adding tuneup races to thir busy marathon training. Four were aong the 305 finishers Saturday in Old Saybrook in the 10k race. Joe Light led the locals with an 11th place finish in 34:27, followed by Ray Beaulieu in 21st in 35:26; Tom Beattie 23rd in 35—:36 and Don Mann 28th in 36 minutes.

Also on Saturday, Dick Webb placed 4th in the Men's Masters Division in Providence with a 42.16 clocking in the Junior Achievement Scholarship 10k Run at Roger Willams Park.



WESTERLY — Recently the Westerly Track Club concluded it's 1981 Fun Run season with the annual Potluck picnic and award presentations.

The evening began with a rousing game of softball followed by the picnic.

The awards presented for the season were based on points accumulated at each run. The results were as follows:

For half-mile run; girls, 1st, Brandy Richmond; 2nd Stacy Manfredi. For boys 3 to 6 yrs. old 1st went to Shawn Manfredi; and for boys 7 to 9 yrs. 1st went to Mickey Manfredi and 2nd to Timmy Manfredi.

In the 1.5 mile run, for girls up to 9 yrs. Mary Ann Hall took 1st; for girls 10-13 1st went to Kathy Hall, 2nd to Sue Letterle and Jodi Richmond (tie), and 3rd to Sally Richmond and Cathy Abarno (tie). For girls 14-17, 1st went to Maureen McCoy, 2nd to Mary Bishop. For women 30 to 39, 1st went to Chany Clapham, 2nd to Jackie Walton, and 3rd to Sandy Kozlin.

In the Women's Master's in the 1.5 mile run, 1st went to Arlene McCoy and in the women's grand master 1st went to Jenny Kurdziel.

In the boys 1.5 mile run, ages 14 to 17, 1st went to Tom Allen. In the men 18 to 29 yrs. 1st went to Nick Bottone and Jim Wesolowski (tie). For men 30 to 39, 1st went to Joe Light and 2nd to Brad Saf-

ford. Men's master's 1st went to Ken Kozlin.

In the 3-mile run, in girls 10-13, 1st went to Noelle Clapham, for girls ages 18 to 29 1st went to Gerianne Chapman, 2nd to June Boyles and 3rd to Pat Swim and Melinda Hedding (tie). For women 30 to 39, 1st went to Joyce Richmond, 2nd to Sharron Ferguson, and 3rd to Nora Safford.

In the 3-mile women's master's, 1st went to Agnes Hall, 2nd to Carolyn LeRoy and 3rd to Carol Latham.

For boys 10-13 in the 3-mile, 1st went to Peter Swim. For boys 14 to 17, 1st went to Steve Letterle and David Kozlin (tie), and 2nd to Adrian Pelchat III. In men's division 18-29 yrs., 1st went to Fred Kurdziel and 2nd to Todd Collings. For men 30-34, 1st went to Forrester Safford, 2nd to Way Hedding, and third to Larry Williams. For men 35 to 39, 1st went to Janis Van-Cans, 2nd to Tom Swim, and 3rd to Mark Hawk.

In the men's grandmaster's, 1st went to Charlie Ross, and 2nd to Charlie McNeill.

Certificates were awarded to all who placed in the Fun Run season.

Fall 1981



TRAINING BREAK - Distance runners of the Westerly Track Club take time out from a training grind to give Sun photographer a shot. A series of fall marathons promises to keep the track members busy training and competing. Front row - Gerianne Chapman, Joyce Richmond and Adrian Pelchat, Jr. Rear row in back of fence

 Bob Benson, Brad Safford, Joe Light, Larry Hirsch, Clyde Beverly, Forrester Safford, J. E. VanCans, Dick Webb, June Boyles, Charlie Ross and Bruce Richmond. Club members missing at photo time included Tom Mc-Coy, Tom Beattie, Kathy and Eric Isbiter, Terry Tarallo and Mark Hawk. (Sun Photo by William Burrows)

Westerly Track Club

yme First on Marathon List

By JUNE BOYLES

The Westerly Track Club will be well represented this fall in several area marathons. The runners will have prepared themselves through at least 12 weeks of training that consists of counting the miles, checking times, aching legs, and early bedtimes to ready the body and mind for the grueling 26.2 mile events

On Sept. 27, 8:30 a.m. in East Lyme, the first starting gun will fire. Thirteen WTC members will be in the field of 1000 runners to tour the scenic countryside. Several of those members are contender, will take the ex-veterans of the distance. Joe perience of 18 marathons Light takes the most active marathon record to East Lyme, having run 11 previous marathons. Charlie Ross and J.E. VanCans have each run

and Bob Benson who have 5 the 2nd time in that Nov. 1st Lyme High School. marathons to their credits, race. Bruce Richmond and Adrian

"The Elder" Pelchat, Jr. will be trying to improve personel records. Four women will also be starting next Sunday. June Boyles, Gerianne Chap-man, Joyce Richmond, and Kathy Isbister have all run at mid-December. least one marathon before and should finish very close to each other.

The 6th Annual Ocean State Marathon will take place 5 weeks later in Newport. Larry Hirsch, Westerly's most active marathoner and a top New England Master's perience of 18 marathons with him to the starting line. He is also one of the few people to officially finish every Ocean State Marathon held. Brad Safford will be 7 along with Clyde Beverly challenging the 26.2 miles for

Due to an unfortunate accident, Tom McCoy has to delay his marathon this year. He and Forrester Safford, who also has run up against some obstacles, are aiming for the Cap Cod Marathon in

The lure of the marathon affects several new runners every year. This year, Tom Beattie and Eric Isbister will be attempting their first marathons at East Lyme, whereas Terry Tarallo and Mark Hawk are training for their first at Ocean Stae.

For anyone interested in viewing these marathons -The 2nd Annual East Lyme Marathon is this Sunday. Sept. 27, 8:30 a.m., starting and finishing at the East

The Ocean State Marathon is Nov. 1, 11 a.m., starting and finishing at Rogers High School.

Among the 16,000 plus runners competing in the New York City marathon will be one ione Westerly Track Club T-Shirt. In that shirt will be June Boyles experiencing the spectacle of New York for the first time. This marathon is being nationally broadcast on T.V. for the first time.



September 27 1981

WTC Has 14 Race in East Lyme Marathon on Sunday

By June Boyles

over 1,000 runners stepped to the starting line of the second Annual East Lyme Marathon Sunday, to begin their 26.2 mile trek around this little Connecticut town. routed members of the Westerly Gerianne Chapman reuter Track Club (WTC) were in WTC women representatives with an excellent time of New Powles followed,

LIGHT FOR WTC

ner crossed the finish line at finished in 3:52.27. the 50 yd. line of the E.L.H.S. stadium. Joe Light placed 23rd with that fine time which is close to, if not his best marathon clocking.

The race was won by Norwich's Tom Smith who finished with a time of 2:26:29. Second place went to Phil Garland and third to Bruce Merrill.

Marty Newell of Woodbury was first place winner among the women with a time of 3:03:20.

OTHER WTC RUNNERS Other WTC runners included, Tom Beattie with a great time of 2:56.13 in 67th place. Bob Benson cracked the 3 hr. barrier with his best time of 2:58.08 which put him in 80th place. Following him in 89th place was Clyde Beverly in 2:59.17.

to the very temperatures, but still finished in a respectable time of 3

3:35.49. June Boyles followed, Two hours, 46 min. and 27 missing her goal, with a time sec. later the first WTC run- of 3:51.49. Kathy Isbister

Bruce Richmond was also affected by the heat but was

WTC's Adrian Pelchat, Jr. able to finish in 3:54.27. Spike EAST LYME - A field of missed his goal, possibly due Arbano finished his first warm marathon in 4.00.49.

J. E. Vancans, Charlie Ross, and Joyce Richmond hr.04.08. Jon Walton came in were forced to drop out of the close behind in a personnal grueling 26.2 mile event.

Track club members are Gerianne Chapman led the reminded about the Westerly 1/2 marathon to be held Sunday, Oct. 11 at 11 a.m. Volunteers are needed to assist in the operation of this annual race. Also, the Annual Meeting will be held Oct. 14, 7:30 p.m. at the American Legion on Rt. 1.

October 11, 1981

Holiday Race **Crowley Repeats**

BY JUNE BOYLES

Race organizers couldn't have asked for a better day to hold a half-marathon than Sunday, as Jim Crowley of the Westerly Track Club defended his crown in the Westerly 13.1 mile Road Race.

Crowley's time of one hour, 11 minutes, 5 seconds was a course record for the redesigned route from town to Watch Hill and back.

Jim was pressed early by Julio Murillo of Norwich, se-

cond place finisher. Joe Light of the WTC won the Sub-Master Division in 1:15.5, fourth overall; Jack Hand of NE Belle Watling Club topped the Masters in 1:21.11; Charlie Ross of WTC won the Men's Senior Divi-sion in 1:33.1; Carla Dossett had an excellent time of 1:27.3 to lead the women and Rose Buckingham of Nor-wich led the Sub-Master women with 1:37.4.

All 88 finishers were presented with medals.

Top divisional finishers and WTC placings are as follows;

WTC placings are as follows; Men's Jr. — John Davis, 1:24.3 and Todd Swim, WTC, 1:52.4; Men's Open — Jim Crowley, WTC, 1:11.5; Julio Murillo, 1:14.1; Jim Butler, 1:14.3; John Brown, 1:17.0; Todd Collings, WTC, 1:17.3; Nick Böttone, Jr., WTC, 1:31.1 and Eric Isbister, WTC 1:23.5 WTC, 1:33.5.

Men's Sub-Master — Joe Light, WTC, 1:15.5; Ted Washburn, 1:17.3; Cas Grygorcewicz, 1:17.3; Ron Lussier, 1:17.5; Bland Addison, 1:18.5; Brad Safford,



WTC, 1:22.0; Jeff Morin, WTC, 1:22.1; Forrester Saf-ford, WTC, 1:23.4; Micheal Conway, WTC, 1:26.2; Janis VanCans, WTC, 1:31.4; Mark Hawk, WTC, 1:35.1 and Tom Swim, WTC, 1:52.4. Men's Master — Jack Hand, 1:21.1, Jan, Slonski

Hand, 1:21.1; Jan Slonski 1:21.1; Bob Benson, WTC 1:22.2; Bob Reed, 1:28.2; Leroy Falconi, 1:29.0; Bob Recor, WTC, 1:38.4 and WTC, Bruce Richmond, 1:40.5: Men's Senior — Charlie Ross, WTC, 1:33.1; Arthur McGill, 1:47.2; and

Norman Cote, 1:51.5. Women's Open — Carla Dossett, 1:27.3; Sherri O'Con-Dossett, 1:27.3; Sherri O'Con-ner, 1:31.3; Kathy Isbister, WTC, 1:38.1; Eva Wirth, 1:46.4 and Gerianne Chap-man, WTC, 1:47.4: Women's Sub-Master — Rose Buck-ingham 1:37.4; Dottie Hoyt, 1:38.2; Louca Biotheard WTC, 1:58.2; Joyce Richmond, WTC, 1:59.2; Nora Safford, WTC, 1:54.1 and Sharron Ferguson, WTC,1:58.3.





Town of Westerly, R. I.

GENEVIEVE S. KURDZIEL, Ass't. Finance Director/Tax Collector

WESTERLY TRACK CLUB - ANNUAL REPORT

Fall 1981

Although we have not accomplished all that we would have liked, one thing stands out very clearly...the fact that what we did complete was done with the wholehearted support and participation of all the club members. Take for example our New Year's Eve party which was very well attended and such a huge success that plans for a repeat performance are already under way. We hope to make this event an annual get together, so plan to join us for this New Year's Eve. Last year, several hardy souls rant out the Old Year with a Midnight Run, which was most appropriate for a Track Club. Another example of the loyalty and faithfulness of our members is how everyone got behind our fund raising projects and made us financially solvent again. Special thanks go to Joe Light for chairing the Yard Sale and to June Boyles for the sidewalk bake sale.

Tonight marks the end of another successful year for the Westery Track Club.

Participation in the Fun Runs was down somewhat this year, however most clubs have experienced similar situations. I believe that we who took part in the weekly races, which were ably supervised by Tom McCoy, enjoyed them as much as ever, and certainly this is a program which is of vital importance to our Club. Hopefully we can increas3 our membership in the forthcoming year.

Our long distance runners have been doing an incredible job, participating in races and marathons far and wide. Jim Crowley has certainly brought distinction and honor, not only to himself, but to the community as to this Club. Not only Jim, but all of you who have gone out there, wearing the WTC colors are deserving of great respect. You certainly have mine, and I consider it a privilege to be associated with you.

As a Club we have made our little contribution to the community by assisting in civic programs such as the Elks Road Race and the Cancer Fund and United Way of R.I. Races. Apparently we have done so well here in Westerly that the 1981 United Way Race is again being held on our Course on October 18th, and we will be host sponsoring this event.

We have had a few open meetings this year with excellent guest speakers including

marathoner John Kelly of Groton, Ray Nelson, Director of the Ocean State Marathon and Dr. Colson, podiatrist. This too we hope to continue as this helps to keep the Club members together during off season.

Needless to say our annual end of season picnic held at the YMCA Camp was the best ever. With no pre-arrangement of who is going to bring what, it is absolutely amazing what a choice of foods and delectable delicacies appar. Truly a feast fit for champions!

Still in the planning stages, but well under way is our intention to have our own Westerly Track Club banner. Already the yellow and green running outfits are so vivid that we can spot our guys and girls from afar and so give them our enthusiastic support which they so richly deserve. The banner will be an additional booster., and also show people that we are an active, alltogether club.

Another program that needs building up is our Track and Field section which deals with the young people. Participation has been very light in recent years and this year was no exception. This is unfortunate because we do have a very able coach in Dave Allen, and he has been most conscientious in trying to promote this area.

Another project which should be carried out is a regular "News Letter" to our members. I had hoped to be able to carry on with it after the last ones, and I must apologize for not doing so.

In closing, I want to thank every one of you for making this year a most enjoyable one for me, personally, and for your help and cooperation in making the Westerly Track Club a great club to belong to.



November 1981



season is drawing to a close for 1981 and members of the Westerly Track Club are taking part in races of all distances.

Race at Mystic.

It was a big day at Newport for over 2,000 runners. For club members Mark Hawk and Terry Tarallo the day was extra special because it was their first try at running the 26.2 mile distance. Both finished with fines times, Terry in 3 hours, 21 minutes, 2 seconds and Mark in 3:31.4.

Some other great times were recorded by more experienced club members. Larry Hirsch and Brad Safford ran as a pair the entire distance and only seconds separated them at the finish, Larry's time was 2:52.9 as he successfully completed all six Ocean State Marathons. Brad followed in 2:52.32, his personal best.

Other personal records were set by Bob Benson, 2:56.12; Tom Swim, 3:35.26; Bruce Richmond, 3:48.15 and Joyce Richmond, 3:53.54.

Tom Beattle ran a good race in 2:53.03 as did J. E. Vancans, 3:05.42. Charlie Ross didn't plan to run the entire distance but changed his mind to finish in 3:59.58 and Forrester Safford and Bob Recor were forced out of the race by unfortunate situations.

Crowley's Effort

Meanwhile, in Mystic, many of the WTC members were competing in the annual Tarzan Brown 5.5 mile road race at the Mystic Communi-

ty Center. Jim Crowley was the top WTC finisher in 4th place in 27:32.3 and another top runner in her division was Wendy Carr. By running the

BY JUNE BOYLES New girls course record. The major road racing A total of 567 finished the race and WTC runners in the

top 10 also included: Joe Light, 30:24.4; Jeff Morin, 31:57.7; Way Hedding, 32:28.3; Jon Walton, 32.51.2; Nick Bottone, 32:33.7.

were the Ocean State Tarzan Brown Memorial Race at Mustic Ferugusn with a 39:48.7 clocking. Robert Carr com-pleted the course in 35:07.1 and Bob Carroll finished in 44:24.7.

Sharron Ferguson had her best time for the distance, 39:01.3; Kathy Isbister crossed the line in 37:51, followed by Linda Mitchell, 40:16.2 and Julie Armstrong, 43:23.2.

Track Club Runners Have Busy Weekend

Many people think of Cape Cod as a place to go to a nice, relaxing vacation. Some Westerly Truck Club members also like to go to the Cape, specifically Otis Air Force Base, to run a marathon. Sunday, 6 WTC runners fought high winds and cold temperatures to complete the 26.2 mile course.

Larry Hirsch led the locals with a 17th place finish out of 335 starters. His time was 2:48.57 and placed him 2nd in the Master's Division. Brad Safford crossed the line in 29th place. His time of 2:51,53 is very close to qualifying for the Boston Marathon.

Tom McCoy took 32nd place with his best time of 2:52.28 and took 4th in the Master's Division. Tom Beattie followed in 33rd place in the time of 2:52.54. Forrester Safford didn't let those two because he took 35th place in

a time of 2:53.20. Dr. Robert Recor finished in 175th place by running a time of 3:41.56.

Meanwhile, at Bryant Col-lege some WTC members were competing in a race with a different twist. Ninety Runners began the 12km cross-country race held there. The course winds through trees, over rocks and through streams. Joe Light was the first local survivor in a time of 46 min. 34 sec. Jeff Morin crossed the line 34th place in 48 min. 33 seconds. The next 4 WTC runners were separated by not more than two runners each. Sam Fusaro ran a time of 51.26 good for 55th place, followed by Joel Patingre in 57th and 52:00; J.E. Vancans in 59th and 52.28; and Way Hedding in 62nd and 52.52.

Club members are reminded to get your reservation in for the New Year's Eve party get very far out of sight soon. It promises to be a great evening.

> The 43rd annual Manchester, Conn., 4.7 mile road race provided some Westerly Track Club members with the opportunity to work up an appetite for the big Thanskgiving dinners Thursday.

> An estimated 5,000 runners started the charity race which was won by Eamon Coughlin of Ireland, the indoor world record mile holder.

> Jim Crowley of the Westerly club finished with his best effort on that course. He ran the distance in 21 minutes, 48 seconds, good for 21st place overall.

Because of the large turnout, results were not posted for the bulk of the field. Other competitors from the local club included Charlie Ross, June Boyles, Way Hedding, Wendy and Robert Carr, Todd Collings and Kathy and Eric Isbister.

Westerly Track Club

members have until Dec. 22 to make reservations for the New Year's Eve party. It promises to be a good night, club officials said, and members are urged to sign up and join the WTC group.



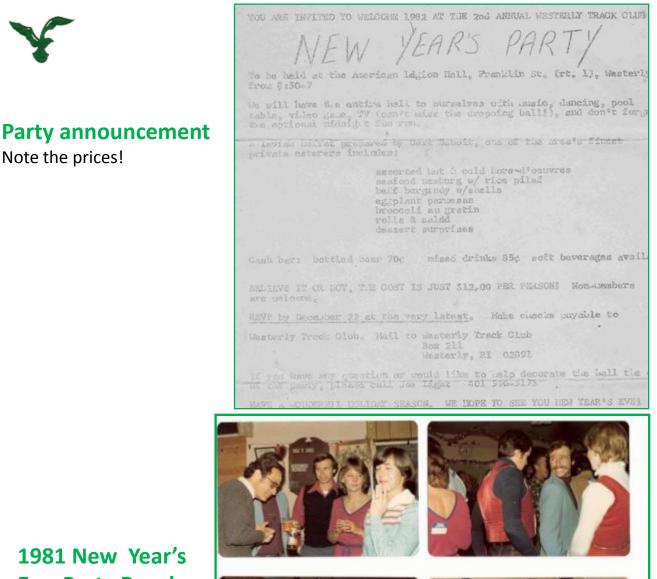
In the 1 mile, Way Hedding broke the tape to win in 5 min 7 sec. Julie Carr ran an excellent time of 7 min 42 sec. to place 3rd in the under 12 division.

The lone WTC runner in the 3 mile was Ray Beaulieu who

Women's Division.

Charlie Ross won the Grand Master's Division in a time of 43.29.

Wendy Carr completed the fast course in 45.19 to take 1st in the 12 and under girls.



Eve Party Revelers

photos by Karen Light









Winter 1982

The Sun, Westerly, R.I., Tuesday, January 5, 1982 11

Track Clubbers Brave New Year's Rain and Icy Waters

BY JUNE BOYLES The Westerly Track Club ought in 1982 in style with a Year's Eve dinner and rty at the Westerly nerican Legion Hall.

re greeted with mystery stities to unravel before joying the catered dinner. to Groton Long Point. four souls chose to run

new, while everyone else wat-ched the apple fall in New water. Track Club represen-form for this year, as well as York

The next day the celebration continued, with John J. Kelley's traditional run and and Eric Isbister and Sue Joyce Richmond at 596-0797. The 56 members and guests swim. About 60 brave (or Clay crazy) runners ventured out in the rain for the 5-mile trek spective members have been

t the old year and run in the ticipants chose to take the ready.

tatives were Gerianne Chapman, June Boyles, Charlie Ross, Way Hedding, Kathy

All WTC members and pronotified that the 1982 Almost 40 of those par- membership applications are

new mebers.

For more information call Ida Benson at 596-1410 or

WTC Runners Finish Well 3-16 &

NORTH STONINGTON -Rolling hills and excellent weather drew 155 runners to the St. Patrick's 4.7 mile road race here on Sunday and the Westerly Track Club was on hand for the occasion with several members performing well

Adrian Pelchat III placed first in the junior boys' division in 25:31.7, a time also good enough for seventh place overall.

Charlie Ross placed first in the men's grrand masters competition at 32:58.

Adrian Pelchat Jr. chased his son over the course and finished 19th in a time of 28:04 and right behind him was Jeff Morin at 28:06.7.

Other runers and their times: John Cahoon 33:26; Bob Burridge 34:32; Bob Carroll 36:59; and Warren Cooper 37:50.

Linda Mitchell led the WTC women at 35:27, followed by Sharon Ferguson at 35:44 and Pat Burridge who ran her first race in 49:05.

Boston's Shamrock Race **Attracts Local Runners**

me annual snamrock Classic Sunday was a delegation from the Westerly. Track Club including Forrester Saf-foro, Brad Safforo, Nora Sof-foro, Roy Rathbone, June Boyles, Charlie Ross, Bob and Pat Burridge, Tom Mc-Coy, Arlene McCoy and Bil Coy, Arlene McCoy and Bill and Sharon Ferguson.

Racing wind and cold as well as his opponents, Thom Hunt edged out Nick Rose at the finish line of the 5-mile event.

Hunt, of Phoenix, battled Rose, of Great Britain, over the last 21/2 miles of Boston streets before crossing the finish line behind Boston Garden with a winning time of 22:19. Rose finished in 22:25.

Charlotte Teske of West Germany was the women's winner in 26:19.

Times for the Westerly runners were not available.

The Westerly Track Club will have a meeting on April

BOSTON — Among the 7, 7:30 p.m., at the American 11,700 runners competing in Legion Hall on Franklin the annual Shamrock Classic Street, open to members and guests. Plans for next month's 5-mile Clamdigger Road Race to begin at the Watch Hill Fire Station will watch hill rife station will be on the agenda. Applica-tions for the race are now available and persons in-terested in the event may attend the next meeting.

Local Runners in

New Bedford Race

NEW BEDFORD, Mass. -Among the nearly 2,000 runners who turned out for the Fifth Annual New Bedford Road Race yesterday, brav-ing the wind and rain, was a delegation from the Westerly Track Club.

And the first WTC member to finish the 13.1-mile course was Joe Light with a time of 1:16:52. Other Westerly runners and their times were Mark Hawk, 1:27:0; Charlie Ross, 1:34:0; Linda Mitchell, 1:41:0; Bob Burridge 1:43:09; and Warren Cooper, 1:49:0.

Greg Hawk and Timmy Burridge ran the 1.25-mile Fun Run before the race. -22-82 3

Westerly Track Club

Westerly Track Club came to to a fund to help Snitkin to the aid of fellow athlete Chris Snitkin, a world class weightlifter from Norwich.

They competed last Sunday in a benefit three-mile road local runner to cross the line race at Ocean Beach Park,

WESTERLY - Joe Light covered last weekend's "March Madness" five-mile course in 27:11 at the University of Rhode Island to place ninth overall and lead the Westerly Track Club contingent which entered the South County Health Center benefit run.

Mike Conway finished 21st at 29:23 and Bob Benson placed second in the Masters' Division with a time of 30:07.

Mark Hawk placed 55th in the field of 175 runners at 31:09 and his son Greg ran the one-mile course in 5:11.

On Feb. 28, two local runners traveled to New York City for a 20-mile run in Central Park. Light recorded a time of two hours and three minutes and Brad Safford finished in two hours and 15 minutes.

The Westerly Track Club will be holding its "Clamdigger" five-mile road race on Sunday, April 18, and applications are now available.

Several members of the New London. Proceeds went participate in the world championships in Hawaii later this month.

J. E. Vancans was the first in 17 minutes, 41.2 seconds and that gave him 12th place.

He was followed closely by Tom McCoy, in 16th place in 17:50.1. This gave him second place in the Masters Division.

Ron Hall finished in 18:46.4 to round out the top 25 places. Charlie Ross captured second in the Grand Masters Division with his time of 20:54.4 and Dr. Bob Recor ran a time of 21:13.

Club members have been urged to get their 1982 applications returned. Any questions can be answered by Joyce Richmond at 596-0797 or Ida Benson at 596-1410. New members are welcome.



1982 Boston Marathon



THEY'RE RUNNING MONDAY - This quartet of Westerly Track Club members will be busy Monday. All four tapered off training over the weekend and will be running in the annual Boston Marathon, Left to right are Tom McCoy,

Brad Safford, Bob Benson and Joe Light It will be a new experience for Safford, but the others have competed in the traditional event in past years. (Sun Photo by Charles Thibeault)

Four Track Club Runners In 86th Marathon Field

BY JUNE BOYLES Spring has arrived and it's they will help him finish. time again for the Boston Marathon.

The 86th running of the event will take place Monday and four Westerly Track Club members have qualified to time. compete in the 26.2 mile race. The starting line is in Hopkinton, Mass.

Brad Safford is running his first Boston. To Brad, this is the top race in the marathon world and because he had to qualify to run he feels like a member of an elite group.

He has been fighting a case of pneumonia for the past few weeks and is not concerned about his time. He is looking forward, though, to the

Bob Benson will tour the course for the third time. This year he is hoping to enjoy the marathon and not but it's mostly all downhill." worry so much about his

Joe Light and Tom McCoy both sat out last year's event. They could not stay away for race to be staged Sunday at long. Joe is excited about his 11 a.m. fourth year and especially the crowds, which are really knowledgeable. He likes the way the whole city of Boston is geared toward this marathon.

Tom McCoy has run the Boston Maraton on five previous occasions, the last 10 additional awards made.

massive crowds and hope being in 1979. His favorite part is the last five miles from Boston College in to the Prudential building where, he says, "I don't feel the best

> Unfortunately, the four men will be unable to participate in the Westerly Track Club's own five-mile

> The starting line this year has been moved to the Watch Hill Fire Station. T-shirt awards will be made to the first 150 runnrs to cross the finish line, merchandise prizes will be given all division winners and there will be

4-29-82 All Four Survive Marathon Grind

Four Westerly Track Club members entered and all four finished the gruelling Boston Marathon

Monday. Joe Light was the first of the local delegation across the line in 2 hours, 49 minutes, 50 seconds. "I was on a 2:44 pace", he said, "when I got to the other side of the hill. Then I died." His time qualifies him for the 1983 BAA run.

Another qualifier for next year was Bob Benson with his time of 3:03. "That was enjoyable" Benson said as he finished.

Brad Safford, who has been fighting pneumonia for several weeks, finished in 3:12.30 by not pushing too hard and Tom McCoy had a rough day. His feet bothered him as early as five miles into the race. McCoy ended up running the last several miles in his bare feet. Assisted by Charlie Ross, he managed to finish in 3:21



April 1982 Clamdigger



AWAY THEY GO! — The field of 125 takes off from the Watch Hill Fire Station yesterday for the annual 5-mile Clamdigger race sponsored by the Westerly Track Club. Running in ideal weather conditions, Dave Raunig outstepped the field to take the 1982 title in 24 minutes 51 seconds. He beat second-place Jim Crowley of the host club by a comfortable margin. Crowley finished in 25:30 and Westerly's Wendy Bergren was first woman across the line in 31:14. 4–19–32. (Sun Photo by Adriaan vanLaarhoven)

BY JUNE BOYLES

The second annual Clamdigger five-mile road race drew 122 runners on a beautiful, sunny Sunday. All finishers received a T-shirt and clam chowder for their efforts.

Dave Raunig took top honors by crossing the finish line in 24 minutes, 51 seconds. WTC's Jim Crowley followed him in 25:30. The top woman finisher wasn't long in crossing the tape, Westerly's Wendy Bergren in 31:34.

Following are the divisional winners and times. Because this year's course from the Watch Hill Fire Station was the first time used, all division winners set course records for that division, as did the men's and pomen's overall winners.

In the men's competition winners follow:

Men's Juniors — 1st Adrian "Younger" Pelchet WTC 27:31; 2nd John Duggan 28:03; 3rd Jeff Brine 31:12; Steve Letterle 32:44 and Edward Hogan 37:41.

Open — 1st Dave Raunig 24:51; 2nd Jim Crowley WTC 25:30; 3rd Ernie Bissaillon 26:47; Jim Wesolowski WTC 32:25 and Robert Burridge WTC 36:07.

Sub: Master — 1st Tom Peck 28:39; 2nd John Curran 28:43; 3rd Tom Beattie WTC 28:48; Adrian "Elder" Pelchat WTC 29:50 and Robert Carr WTC 32:13.

Men's Sub-Master — John Cohoon WTC 34:15; Paul Ceresa WTC 3605; Michael Magana WTC 37:13 and Bob Carroll WTC 39:55.

Master — 1st Don Brodeur 9:39; 2nd Larry Settje 30:13;



DAVE RAUNIG

3rd Clem McGrath 30:53; Roger Gibson WTC 34:11; Bruce Richmond WTC 36:55; Warren Cooper WTC 38:31; Bud Ottaviani WTC 41:21 and Don Kugler WTC 45:27.

Grand-Master — 1st Charlie Ross WTC 34:41; 2nd Chester Creamer WTC 34:58; 3rd R.E. Webb WTC 39:01.

Senior — 1st Max Wibberley 37:54.

Women — Junior — 1st Wendy Carr WTC 36:03; 2nd Leslie Armstrong 44:18; 3rd Sally Richmond WTC 47:41 and Jodi Richmond WTC 47:42

Open — 1st Wendy Bergren 31:34; 2nd Gerianne Chapman WTC 35:22; 3rd Becky Bisagni WTC 39:25 and Patricia Burridge WTC 47:55.

Sub-Master — 1st Joyce Richmond WTC 36:31; 2nd Michaeleen Haeseler 39:01; 3rd Sharron Ferguson WTC Master – Elact Commune 45:30



May-June 1982

By June Boyles

The 3rd annual Expo fivemile road race drew about 200 runners despite the cool, damp weather Sunday in Groton. Several Westerly Track Club members were among those unshaken by the weather.

The top local finisher was Larry Hirsch in 28 minutes, 19 seconds to get a 15th overall place and second in the Masters Division.

Nick Bottone was 16th in 28:22 and other WTC finishers were Tom McCoy, Maisners were form McCoy, 29:35; Bob Benson, 29:39; Way Hedding, 30.01; Jim Wesolowski, 30.38; Janis VanCans, 30.50; Pete Car-dinal, 30:55 and John Cahoon, 33.30.

Tom Beattie and Forrester Safford opted for a longer Sattord opted for a longer distance on Sunday and com-peted in the Coachmen Marathon, running from Taunton to New Bedford. Beattie completed the 16.2 miles in 2 hours and 53 minutes to place 16th and Forrester followed almost in his footsteps in 18th place in 1:54.

Last Sunday, while most WTC members were enjoying w 10 memoers were enjoying the YMCA's Fitness Run in Westerly, Joe Light com-peted in a 10-mile race in Coventry. His time of 57:20 was good for 9th place overall overall.

Track Club BY JUNE BOYLES

Memorial Day means more than cookouts and parades to many Westerly Track Club members. It's a big day for road racing around the area.

Pouring rain didn't deter some 547 runners from competing in the 2nd annual Sub Base 5-Miler at Groton. Janis Vancans was the top WTC finisher in 31:08 for 44th place.

Following him were Mark Hawk, 33:07; Roger Gibson, 33:56; Charlie Ross, 34:08 to take 3rd Grand Master; Bob Burridge, 34:14; Chester Creamer, 34:30, and Melanie Gibson, 36:53. Patty Burridge ran the preceding 2-mile Fun Run in 17:45.

To the east, another group of WTC members raced in the Wickford 5000 (3.1 miles). Jim Crowley placed 4th overall in 15:06 and also placing in the top 30 from the club were Joe Light, 16:25; For-rester Safford, 17.43; Michael Conway, 17:51; Bob Benson, 18:20; Brad Safford, 18:28; Roy Rathbone, 19:30.

Agnes Hall defended her women's Master's title with a time of 22:23; Becky Bisagni, 23:28: Nora Safford, 24:03, and Kathy Hall, 24:30.

News letters will soon be delivered to all current club members. Don't forget the Elks five-mile race Sunday and that Fun Runs begin June 22 in Weekapaug.

WTC Runners **Compete** in **Groton Race**

WESTERLY - Again this week, the rain has made road races in the area soggy events, but the weather rarely causes cancelation of a race, and such was the case in Mystic Sunday.

At Cutler Junior High in Mystic, 107 runners were on hand for the running of the 10th annual Groton 5.2 mile road race.

The Westerly Track Club (WTC) had a small but noticable group participating

Adrian Pelchat III, led the Westerly runners by placing sixth overall and winning the high school boys division with his time of 27.56.

Three other WTC runners Three other WTC runners placed in the top half of the field, coming in 30th, 32nd, and 42nd in overall finish. Way Hedding finished in 30.47, followed closely by Bob Benson in 30.53, and J.E. VanCans in 31.20. Benson was able to take fourth place in the Masters division.

Everyone is reminded that the Westerly Track Club FUN RUN series begins June 22 at Fenway Beach in Weekapaug at 6 p.m. There will be no charge for nonmembers this year who want to run in the races, which cover a half-mile, 1.7-mile and a 3-mile course.

The FUN RUNS will be held every Tuesday, one week at Weekapaug, then back to Stonington High. alternating, week to week

Crowley Paces' Locals In Norwich Road Race

By June Boyles WESTERLY -

Jim WESTERLY — Jim Crowley, finishing 13th in a field of 855 runners, lead a team of 18 Westerly Track Club members to a respec-table showing in the Norwich Rose Arts 10.6-mile road race in Norwich Sunday. Crowley's time was an excellent 56 minutes, 37 seconds for the run.



place with a time of 61:30. The time of 63:21 gave Larry Hirsch eighth place in the Masters division.

The next WTC runners to cross the finish line were: Adrian "elder" Pelchat 66:08, 127th; Tom Peck 66:13, 128th; Bob Benson 67:20, 152nd; Bruce Christie 68:13, 177th; J.E. Vancans 68:59, 100th; Way, Mcdding South 190th; Way Hedding 69:49, 208th; Bob Crocker 72:19, 20011, BOD Crocker 72:19, 269th; Chester Creamer -74:17, 323rd; Charlie Ross 75:09, 344th; Bob Burridge 76:38, 377th; John Cohoon 77:45, 406th; Michael Magana 81:06, 491st; Bruce Richmond 92:57, 590th; Warner Grace 82:57, 529th; Warren Cooper 88:09, 614th.

Joyce Richmond, with a 78:16 captured second place in the Women's Masters divi-sion. She and Melanie Gibson (88:11) were te only WTC women to compete.

Bottone Fourth

WESTERLY - Running at a near six minute-mile pace, Nick Bottone of the Westerly Track Club placed fourth out of the 37 finishers in the Parker-Woodland Run for Wildlife five-mile race Sunday in Coventry. Bottone's time was a respectable 30:05.

Overlooked in last week's Norwich Rose Arts results was Tom McCoy, who ran a good time of 65:59 to finish in 123rd place.

Greg Hawk competed in the 1.5-mile race in the Wood River Junction 1.5 and 5-mile races on June 19th. His time of 11:44 was tops in the junior division.

Jim Crowley Again Wins Elks' Race⁶⁻⁷⁻⁸

WESTERLY - Jim third overall) - Joe Light. Crowley and 46 other runners completed the 25th running of the Westerly Elks' Five-mile Road Race yesterday with Crowley winning the title for the fourth time in his career with a time of 25:30.

Approximately 100 runners had been expected for the event, but the extremely heavy rain reduced the field by about one-half.

While Crowley won the open competition, there were plenty of trophies and awards to go around and other winners included:

Junior Men's Winner (and second overall) - Adrian Pelchat.

Sub-master Winner (and Buehring, aged 11.

Fourth overall - Dean Albert.

Fifth overall - Nick Bottone.

Men's Master Winner (and sixth overall) - Larry Hirsch.

Agnes Hall.

Men's Senior Winner -Charlie Ross.

Women's Sub-master winner - Joyce Richmond.

Junior Women's Winner -Susan Letterle.

Women's Open Winner -Wendy Bergson.

Youngest Girl - Wendy Carr, aged 11.

Youngest Boy - Bruce



GOOD SPORT OF THE WEEK



Tom McCoy

By Steve Fish

A quarter mile track can provide the setting for long lonely runs, especially during a track meet when a runner must try to maintain a nice fluid pace while keeping in the thick of things with the other runners. Sometimes a runner is ahead of the field and wants help concerning the trailing runners. Sometimes a trailing runner needs the encouragement to make a move, other times they need encouragement just to go on.

On one side of the track a runner receives plenty of support from yelling teammates, while on the other side there is only the patter of feet and the whistling of wind. There is much more than that though for the Stonington High girls' track team. Tom McCoy is on the other side providing both advice and encouragement.

"I enjoy doing it," Tom said of his workouts with the Stonington runners one of whom is his daughter Maureen who competes in the 3000 meters. He became involved helping the girls' track team while running one day at the school. He was told the team was looking for someone to run with the distance kids.

"I take them out on Saturday mornings and put them through their paces," he said.

A running enthusiast, McCoy has been running the last 14 years after undergoing a back operation to remove a disc. His doctor, a Mr. Skoville, was a runner and Skoville's father still holds records for running at Yale University. He used to discuss running with Tom and finally got Tom to do some running. It has been wonderful therapy. "It relaxes me and it helps my back,." Tom said of running.

Originally from New York, Tom moved to the area while in the Navy. He then met his wife and settled in Stonington. He has competed in the Westerly Twilight League playing baseball and he also played basketball in the area, but now running is his major athletic activity.

He is an active member of the Westerly Track Club, which he joined several years ago with former Stonington Track coach Don Geehan.

Through the WTC, McCoy has been involved in the club's fun runs for six years now and Tom now serves as program director for the races which he says provide family exercise and tun. The fun runs are held Tuesday nights alternating between Stonington High School and Weckapaug Beach.

Stonington has been pretty successful in the distance runs coming up with top performers the last two years, however, Tom says that it is tough for kids at SHS to compete against schools that offer cross country in the fall. "We have to get in shape for distance running in three or four weeks, while other schools have a head start," he said.

One thing that has impressed him in his first year of working with the girls is their competitive spirit. "The girl's sports at Stonington are really something. The girls are as good as the boys in going after their goals." he said. One thing is certain Tom McCoy will be there encouraging people to meet their goals.

1982 Summer Fun Runs

Fun Runs

BY TOM McCOY

The first Fun Run of the 1982 season sponsored by the Westerly Track Club drew 57 runners.

Brandy Richmond . and Christine Magana finished one-two in the half-mile run and other results included;

Men's 1.5 mile run — Nick Bottone in 7:45; Way Hedding, 8 flat; Tom McCoy, 8:20; Greg Hawk, 9:15, and Mike Conway, 9:53.

Women's i.5 mile — Cathy Knapp in 10:05; Noelle Clapham, 10:19; Mary Bishop, 10:35; Kathy Hall, 10:51 and Mary Anne Hall, 11:03.

Men's 3.5 mile — Adrian Pelchat, 111, overall winner in 18:16; Laurin Tipwell, 19 flat; Joe Light, 19:19; Tom Beattie, 19:47; Mike Conway, 19:52.

Women's 3.5 mile — Pat Swim in 21:37; Sue Letterle, 22 flat; Wendy Carr, 22:32; Joyce Richmond, 24:27; Gerianne Chapman, 25:12.

The next Fun Run is scheduled Tuesday night at 6 o'clock at the Stonington High Athletic Field.

Area Fun Run Result

By TOM McCOY

STONINGTON — On a rainy Tuesday night, 65 runners turned out for the Westerly Track Club's Fun Run at the Stonington Athletic Field.

In the half-mile run for girls, Jeneen Hawk placed first with a time of three minutes and 20 seconds, followed by Julie Walker in second place and Liz Walker in third.

In the half-mile for boys, T.J. Scully finished first in three minutes and 56 seconds, followed by Artie Wheeler.

In the 1.7-mile race for men, Nick Bottone took first place with an even nine minute run, followed by Paul Schoonman at 9:06, Jeff Essam at 9:18, Way Hedding at 9:20, and Greg Hawk at 10:39.

In the 1.7-mile race for women, Marleen O'Heedene finish first with an 11:10 time, followed by Kathy Knapp at 11:30, Noelle Clapham at 11:55, Mary Bishop at 12:22 and Kathy Hall at 12:39.

In the three-mile run for men, Jim Crowley took top place with a time of 14:57, followed by Adrian Pelcha III at 15:16, Joe Light at 16:38, Mike Conway at 16:49, and Tom Beattie at 17:10.

In the women's three miler, Pat Swim won with a 19:21 time, followed by Sue Letterle at 19:49, Kathy Isbiste at 19:51, Joyce Richmond at 20:53 and Karen Stoyko at 21:13.



1982 Summer Fun Runs cont.

Fun Run Results

By TOM McCOY

Payne, fourth.

Boys' (3-6 years old) onehalf mile — Bob Irvine, first; Jessie Light, second. Girls' (7-9 years old) one-half mile — Allison Scully,

first; Brandy Richmond, second.

Boys' (7-9 years old) one-half mile — Artie Wheeler, first; Tim Burridge, second,

Hawk, first and overall winner of the half-mile competition with a 4:36 time; Julie Walker (4:54), second.

Boys' (10-12 years old) -T.J. Scully, first.

In the 1.5-miler for men, Nick Bottone finished first at 7:48, followed by Way Hedding (8:02) and Joe Pellegrino (8:20).

In the 1.5-mile boys' competition, Greg Hawk finished first followed by Kevin Magana.

In the 1.5-mile girls' race, Cathy Knapp finished first, Calpham, in order, by Noelle Clapham, Kathy Hall and Mary Anne Hall. In the 1.5-mile race for

women, Mary Bishop placed first, followed, in order, by June Boyles, Melinda Hed-ding and Stacy Walton.

By TOM MCCOY In the 3.5-Inite race for WESTERLY — A total of 77 men, Jim Crowley took top runner participated in this place with a 18:52 time, week's Westerly Track followed by Joe Light (18:54), Club's Fun Run, with the Larry Hirsch (19:13) and following results:

following results: Girls' (3-6 years old) one-half mile — Liz Walker, first; Sue Letterle finished firshed med firshed firshed firshed with a 22:28 time, Wendy Conv second at 23:23, and Carr second at 23:23, and Joyce Richmond third.

In the 3.5-mile Grand Masters division, Jim Crowley Sr. placed first. The next fun run will be at

the Stonington High School track on Tuesday, July 13 at 6 p.m.,

Jim Crowley Sets Fun Run Standard -23-82

By TOM McCOY WESTERLY - Jim Crowley McGrathat 6:11. set a new record for the 3.5mile Weekapaug couse with a time of 17:46 during the Westerly Track Club's Fun Run on Tuesday evening in which 80 runners par-ticipated. The previous record was 18:09.

second with a fast time of 18:10, followed by Larry Hirsh at 19:17, Tom Beattie at 19:34 and Mike Conway at Fun Run will be at the Ston-19:35.

Pat Swim won the women's 3.5-mile race with a time of 21:49. Sue Letterle placed second at 22:25, and Wendy Carr third at 22:50.

In the half-mile run for girls, Jeneen Hawk was the top finisher at 4:25, followed by Julie Walker (4:26), and Brandy Richmond.

In the half-mile run for boys, Jason McGrath was

first at 5:16 followed by Jeff

In the 1.5-miler, Nick Battone place first at 7:43, followed by Way Hedding at 7:55, Scott Cole at 8:00, Peter Matthews at 8:43 and John Litton at 8:58.

In the 1.5-mile for girls, Noelle Clapham was first at Adrian Pelchat III finshed 9:48, followed by Cathy econd with a fast time of Knapp at 9:50 and Mary Bishop at 10:01.

Next Tuesday, July 27, the ington High School track beginning at 6 p.m. There will be a 1-mile and a 3,000-meter run included. The Fun Runs are open to the general public.

Fun Run Resul

runners turned out Tiesday night for the Westerly Track Mike Gillen. Club's weekly Fun Run.

Walker placed first at 4:31, followed by Liz Walker in second and Dacia Benson in third.

In the 1.5-mile run for men is was Way Hedding first at 7:47, followed by Paul Schoonman and Brad Safford in that order.

In the 1.5-miler for women, June Boyles took top honors with a 9:53 time, followed in order by Mary Bishop and Cindy Walker.

In the 3.5-mile race for men, Jim Crowley cross the line at 19:00, followed closely

WESTERLY-A total of 70 by Larry Hirsch at 19:03 (Master's division), and then

In the women's 3.5-mile In the half-mile race: Julie race, Sue Letterle ran weel at 24:00 to finish first, followed in order by Pat Swim and Mary Crowley.

In the women's master's it was Agnes Hall at 25:20 for top honors.

The last Fun Run of the season will be held next Tuesday, Aug. 10, at the Ston-ington Athletic Field.

On Aug. 16 there will be a pot luck picnic at the YMCA Camp in Burlingame Park at 5 p.m for all WTC members and all Fun Run participants. The awards for the Fun Runs will be given out at the picnic.

Fun Run Winners

WESTERLY – The follow-ing Fun Run participants cond Jim Crowley, third Mike were presented with awards Gillen. during the Westerly Track Women (30-39 years) three Clubs picnic this past week: Girle (in the start of the start

Girls (10-13 years) three miles: first Wendy Carr. miles: inrst wendy Carr. Boys (14-17 years) three miles: first Steve Letterle, second Adrian Pelchat III. Girls (14-17 years) three miles: first Sue Letterle. Women (18-24 years) three miles: first Mary, Crowley miles: first Mary Crowley, mites: first Mary Crowley, second Jean Fiore. Women (25-29 years) three mites: first Pat Swim, second Gerianne Chapman, third Eillen Crowley. Men (18-29 years) three

were presented with awaros Gillen. during the Westerly Track Club's picnic this past week: Girls (10 and 11 years) 11-2 Men (30-34 years) three miles: first Jodie Richmond, miles: first Jodie Richmond, miles: first Jodie Richmond, miles: first Cathy Knapp, se-Men (35-39 years) three cond Naelle Clapham, third miles: first teart on Beattie Kathy Hall. miles: first Mary Bishop, se-tord Jacks Waten Boyles, third Adrian Pelchat Jr. Men (18-29 years) 11-2 Men Masters: first Larr Mies: first Nick Bottone. Women (30-39 years) 11-2 Men (18-29 years) 11-2 Men Masters: first Larr Mies: first Chant Clapham, Mies: first Chant Clapham, Men Masters: first Larr Mies: first Chant Clapham, Mathematical Boyles, hird Men Masters: first Larr Men Masters



to Somerset, Mass., on Sa



July 1982 Track Mile (later to become Bottone Track Mile)



FAST FINISHERS — Joyce Richmond, Ger-rianne Chapman and Donald Kugler (from left) cross the finish line in a timed mile run, a new offering for participants in the Westerly Track Club's Fun Run Series. Approximately 80 members of the club, aged 4 to 60-plus, hit the pavement on alternate Tuesdays in

Weekapaug and at the Stonington Athletic Field picnic area. This past Tuesday Tom Mc-Coy set up the club's version of the "Golden Mile" in which those who wish may run a measured mile against the clock. The "Golden Mile" was preceded by the regular one-half mile run for youngsters and followed

by a 3,000-meter run. Next Tuesday, the club will be running in Weekapaug starting at 6 p.m. and anyone interested in jogging along is (Sun Photo by Adriaan van Laarhoven)

WTC Runners Place Well

By JUNE BOYLES WESTERLY - Traveling to Somerset, Mass., on Saturday for the Somerset Holiday 5.5-mile Road Race turned out to be worth the trip for three Westerly Track Club members.

Adrian "the younger" Pelchat clocked a PR time of 29 minutes, 11 seconds to cap-D ture 1st place in the junior division and 5th overall in the race.

5

1

His father, Adrian "the elder" Pelchat and Clyde Beverly covered the rolling course in identical times of 31 minutes, 49 seconds to place 3rd and 2nd respectively in the sub-master division.

The club will hold an an open meeting on Wednesday, July 14th, at the American Legion Hall on Franklin St., Westerly, beginning at 7:30 p.m. A speaker an an ex-cellent film are on the program. All members and guests are welcome.

July/ August 1982

Bottone Finishes 16th In N. Stonington Race

By June Boyles. WESTERLY — Area runners must have known our cool weather was about to come to an end because the North Stonington Fair 6-mile Road Race was drawing near, and that race always seems to fall in hot weather.

True to that tradition, last Saturday morning at race time the temperature was 80 degrees and climbing. But despite heat and the hilly course, Westerly Track Club (WTC) runners put in a good showing. 32 sec. Tom Mcc Nick Bottone finished the pleted the race.

race in 16th place, with a time of 37 min., 5 sec.; followed closely by Bob Benson in 19th place with a time of 37 min., 58 sec.

Bruce Christie crossed the line next among local run-Alle next allong local run-ners, placing 22nd in 38 min., 48 sec. J.E. Vancans edged Joe Pellegrino with a time of 39 min., 13 sec. Joe's time was 39 min. 15 sec.

Then came Mark Hawk who ran with a time of 40 min., 8 sec.

Joyce Richmond, the only Westerly Track Club woman representative ran with a time of 44 min., 22 sec. in the heat. Bob Carroll finished in 46 min., 11 sec., just ahead of Bruce Richmond and Andy Chapman who tied at 46 min., 31 sec

William Day ran a 47 min., 51 sec., and Ken Banks a 52

min., 21 sec. Bob Recor, Way Hedding, Charlie Ross, Tom McCoy and Bob Burridge all finished the race, but stopped mid-way to aid a runner overcome

by the heat. Wednesday evening marked the 2nd annual "Groton Is Great" 3.3 mile race held at the Sub Base. Greg Hawk blazed through with a time of 20 min., 28 sec. to capture first place in the 12 and under class. His father Mark, covered the course in 19 min., 32 sec. Tom McCoy also com-

WTC Runners Try Local Races

Anot be the flat fast field of approximately 900 entries, and fourth in the junior division. Another fourth place divisional winner was Larry Hirsch in the masters' division with a time of 58:30, 48th

overall.

Other WTC members in the top 100 included Adrian "The Elder" Pelchat, 57th in 59:20; Jeff Morin, 64th in 59:59; Tom Beattie, 75th in 60:31; Nick Bottone, 84th in 61:15; and Bob Benson, 88th in

61:23. Other local runners and their times were Forrester Safford, 63:06; Bob Payne, 67:13; Bruce Richmond, 73:38; Joyce Richmond, 73:34; Mike Magana, 74:59; and Warren Cooper, 78:43. Mike Conway and Tom Me-Coy were unable to finish the race.

race

Last Saturday morning, the younger Pelchat was right

WESTERLY — With four races to choose from, Way 3.1 mile race through Monday, Aug. 16, at the families are invited and are members of the Westerly downtown Westerly in a time Track Club had a busy past weekend. Many members ented for Saturday evening. Mark

WTC Kelley Race Times

WESTERLY — For the se-cond weekend in a row, Westerly Track Club runners participated in a major area road race.

Saturday was the 20th Annual John J. Kelley 11.6-mile Road Race held at Ocean Beach Park in New London.

Topping the local contingent was Joe Light who came through in 38th place with a time of 66:25. Tom Beattie also made the top 100 by placing 73rd in a time of 69:30.

The Masters team of Larry Hirsch (46th, 67:05), Tom Mc-Coy (94th, 70:56), and Bob Benson (104th, 71:38) placed second in that division.

Some other fine performances were: Tom Peck (102nd, 71:32), Wayne Hanson (114th, 72:07), Forrester Safford (116th, 72:16), Jeff Morin (133rd, 72:10), Bruce Christie (136th, 72:17), Way Hedding (137th, 72:28), Janis YMCA Camp Wa Vancans (142nd, 74:10), Brad Burlingame Pond.

Safford (156th, 75:28), Mark Hawk (158th, 75:38), Bob Payne (236th, 79:52), Charlie Ross (287th, 83:54), John Cohoon (85:08), and bob Burridge (86:17).

Nora Safford was the WTC's only woman entry and finished in a time of 98:34.

Sunday there was a race held with a different outlook. The runners were running for those who couldn't - helping to raise money for the March of Dimes.

Those WTC runners taking part in the 5-mile race were: Joe Pellegrino (4th, 28:59), Bob Crocker (5th, 29:28), Bruce Olean (8th, 31:40), Mark Hawk (9th, 31:41), Bob Carroll (17th, 36:56), Dick Webb (19th 38:23), Bob Otta-viani (22nd, 41:45) and Don Kugler (25th, 45:02).

The annual WTC picnic is fast approaching. monday, Aug. 16th, is the date at the YMCA Camp Watchaug on



September1982

WTC Race News

weekend, a number of spot. Westerly Track Club Are members donned their racing in the six kilometer (3.6 shoes and set out for some of miles) race and finished in the many races scheduled 35:45. over the holiday. Mor

Saturday, in Old Saybrook, the largest contingent of local runners competed in a 10 kilometer (6.2 miles) race, with Joe Light taking 12th place out of 306 finishers with a time of 34 minutes and 9 seconds.

Placing in the top 50 spots were: Tom Beattie (25th, finishing in 79:52. 35:22), Nick Bottone (30th, 35:50), and Tom Peck (42nd, Recently three WTC run-36:21). The WTC dominated ners competed in the very the next ten spots by captur- challenging Second Annual ing 53rd, 54th, 56th and 57th Preston City Fair 7.2 Mile places - with runners Tom Road Race. Joe Light placed McCoy (36:56), Bob Benson 5th overall with his time of (37:02), Jeff Morin (37:12), 39:34. Bob Benson took 15th and Jon Walton (37:14). Bob place and also took top Carr ran 41:48 to take 134th Masters in 42:44. Bob Irvine place followed by Bob Irvine finished in 49:50 for 44th in 43:26 and Carr's daughter place.

WESTERLY - This past Wendy in 45:06 for the 191st

Arelene McCoy competed

Monday was a day for records as Greg Meyer set a new 20 kilometer mark at the New Haven 20 kilometer (12.4 miles) Labor Day Race. Jeff Morin raced for the second time in three days and finish-ed in a good time of 76 minutes. Mark Hawk notched

Recently three WTC run-

WTC Marathoners Ready for East Lyme, Newport Events

By JUNE BOYLES

WESTERLY - Westerly Track Club marathoners have been training all summer for several area 26.2mile contests, and this year it appears that as many as 21 club members will participate in at least one or more of the endurance runs.

The first local scheduled event is the 3rd Annual East Lyme Marathon on Sept. 26, beginning at the East Lyme High School at 8:30 a.m.

A total of 14 members will be running the rolling scenic course, including John Cohoon, Bob Burridge and Mike Magana, who are all running this distance for the first time. About 1,000 runners are expected to take part in the event, and WTC runners Tom Beattie, Clyde Beverly, Tom Peck and Mark Hawk have a chance of breaking into the top 15 percent of the finishers.

Larry Hirsch, Tom McCoy and Bob Benson could have fine races and place well in the Masters Division. Also shooting for personal record times will be Joyce and Bruce Richmond, Charlie

ing the 7th Annual Ocean take on the Newport course. State Marathon. Agnes Hall and Bob Payne will be touring the scenic course in their Bob Benson. first attempt at a marathon. Joing them will be Forrester and Brad Safford, who will have run the Cape Cod Marathon several weeks this year's New York City Larry Hirsch, Tom Beattie, last Sunday in October.

Ross and Warren Cooper. Five weeks later, 13 WTC Joyce and Bruce Richmond members will be off with the will be running in their se-starter's gun in Newport dur-cond marathon when they It will be a third marathon for the year for Tom McCoy and

Jeff Morin and J.E. Vancans both had luck on their side this year. They were ac-cepted as official runners in previously, and Bob Recor. Marathon which is held the

Larry Hirsch Runs 20th In East Lyme Marathon

By JUNE BOYLES EAST LYME — It was a day for records at the Third Annual East Lyme Marathon on Sunday beginning with the new course record set by winner Tim Smith of Norwich.

Three Westerly Track Club Three Westerly Track Club members broke into the top 100 of some 700 finishers: Larry Hirsch placed 20th overall, 4th in the Masters Division, with his time of 2 hours, 42 minutes, 27 seconds; in 50th place came Tom Beattie with a time of 2:48:50; and in 86th place position was Bob Benson at position was Bob Benson at 2:55:00.

All three runners set new personal records and qualified for next year's Boston Marathon. and

Recording other personal records were J.E. Vancans at 3:10:43, Bob Payne at 3:22:00, Bob Burridge at 3:35:11, John Cohoon at 3:35:13, John Cohoon at 3:45:36, Mike Magana at 4:00:13 and Bill Day at 4:20:19. Payne, Burridge, Cohoon, and Magana were all their first running marathons.

Rounding out the WTC contingent were Tom Peck (3:24:40), Charlie Ross (3:38:53) and Warren Cooper

(3:38:53) and warren Cooper (4:08:35). Mark Hawk, Bob Irving and Bruce Richmond were unable to finish. In another recent race, Nick Bottone placed 20th of 109 finishers in the Warwick on the Borks race with a time on the Rocks race with a time of 33 minutes and 3 seconds.



EARLY MORNING WARM-UPS - Members of the Westerly Track Club set off from the parking lot at Merchants Square on Beach Street Sunday morning for a few miles of loosening-up road work in preparation for

members plan to participate. See accompanying story. (Sun Photo by Adriaan van Laarhoven)



September 1982 East Lyme Marathon

The Club sponsored and ran water stops several years at the East Lyme and Newport marathons





October 1982

The fall 10-miler replaced the half-marathon. No results found.

WTC Planning Fall Road Race

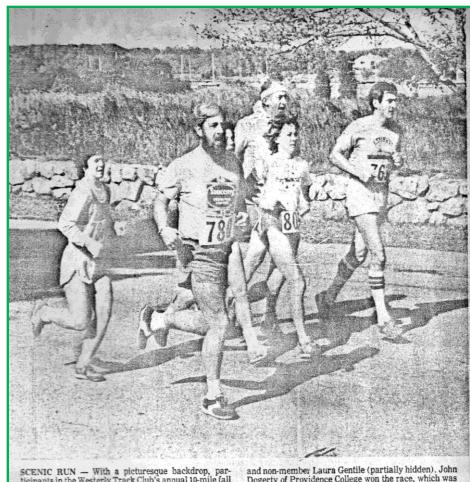
WESTERLY — The Westerly Track Club again will hold its annual fall road race but this year a few changes have been made, including the length and route of the event.

The first change is that the previous half marathon (13.1 miles) run has been shortened to a 10-mile distance.

The course also has been changed, starting and finishing at the Watch Hill Fire House instead of the YMCA. The event will be run this year on Sunday, Oct. 10, and will kick off at 11 a.m.

Medallions will be awarded to the top 100 runners to finish. Refreshments will be provided for all runners. Entries will be accepted on the day of the race, until 10:45 a.m.

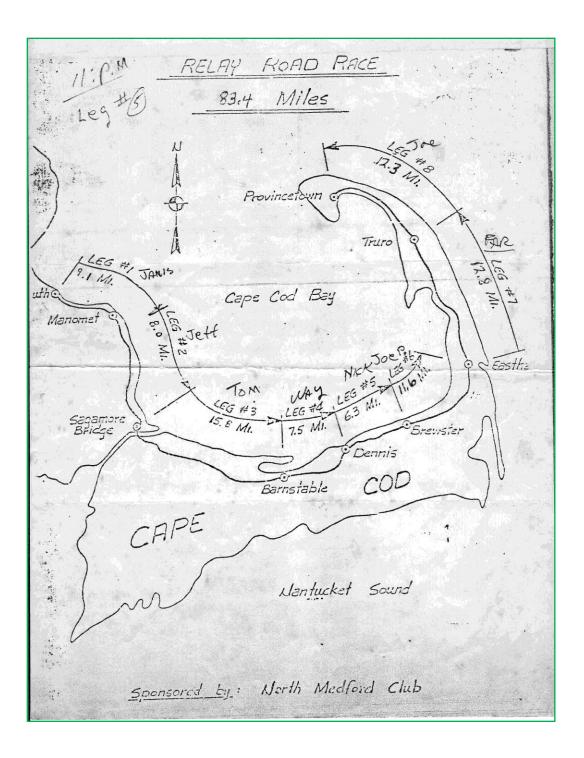
In other WTC news, the club's Joyce Richmond was omitted from the East Lyme Marathon results published earlier this week. Joyce posted a good time of 3 hours, 54 minutes, despite some post-race complications.



SCENIC RUN — With a picturesque backdrop, participants in the Westerly Track Club's annual 10-mile fall road race breeze through the Watch Hill-Avondale area Sunday morning. More than 100 runners took part in the race, including the WTC members Gerianne Chapman (756), Dick Webb (with head band), Nora Safford (805), and non-member Laura Gentile (partially hidden). John Dogerty of Providence College won the race, which was run in chilly windy weather. Joe Light was the top finisher for the WTC. $\infty + [2, 1982$ (Sun Photo by Adriaan van Laarhoven)



Plymouth Rock to Provincetown, approx. 83 miles. 8-person teams. WTC open team placed 40th out of 196 teams with time of 8 hours 27 minutes WTC masters team placed 51st overall and 10th in the masters division with a time of 8 hours 36 minutes



Track Club Enters Two Local Races

By JUNE BOYLES WESTERLY — It was a perfect day for a marathon cool, cripp air, light breezes and smishine — and for several Westerly Track Club members, the 7th Annual Ocean State Marathon held Sunday in Newport was an excellent day.

Setting new personal records for the 26.3-mile distance were (see finishers' times in yesterday edition): Bob Benson, Mark Hawk, John Cohom (with a 3:35:0), and Bruce Richmond.

Also running good times were Forrester Safford, Brad Safford, Tom Beattie, Roy Rathbone (with a 3:37:15), Bob Payne, Tom Peek (with a 3:35:30), Bob Recor, and William Day. With his completion of the

William Day. With his completion of the race, Larry Eirsch remained a member of a very special group of Ocean State pa licipants. He has entered ar finished all seven Ocea State Marathons, somethic only 23 other people had. chance to claim prior to the race.

Several other member started but were forced to drop out including Agnes Hall, Joyce Richmond, Bt Burridge, Charlie Ross an J.E. Vancans, who hav recorded a 3:08 time in the New York City Marathon two weeks ago.

Tarzan Brown Race Another very popular race was taking place on the other side of Westerly the same day as the Ocean State Marathon. It was the Mystic Community Center's 7th Annual Tarzan Brown 5.5-mile race, which drow 300 participants this year.

this year. WTC members Jeff Morin and Bruce Chilstie users able to make the top 100 finishers:

Jeff coming in at 56th place with a 31:40 time and foruce crossing the line in the 61nd spot at 32:00.

Also having good times were: Roger Gibson (M:B0) Ahm Burnsti (27:80), Bob Carroll (43:17), Warren Cooper (44:29), Kan Banks (47:18), and Kay Perri (59:53).

The annual general membership meeting will be held Nov. If at 7:38 g.m. at the american Lagion Hall on Frankins R. All members are urged to altend because officers will be elected for the 1963 season.

Joi Local Finishers

NEWPORT — The following is a partial list of local finishers in the 1982 Ocean State Marathon held in 3:34:54 Newport on Sunday (place finished, name, hometown, time): 1177,

106, Larry Hirsch, Westerly, 2:44:26

197, Edmund Spears, Richmond, 2:5115

222, Forrester Safford, Charlestown, 2:52:38

223, Bob Benson, Westerly, 2:52:42

249, Bradley Safford, Charlestown, 2:54:56

265, Thomas Petrarca, Charlestown, 2:55:41

430, Thomas Beattie, Westerly, 3:05:17

692, Thomas Smith, Stonington, 3:17:30

712, Mark Hawk, Ashaway, 3:18:07

866, John Scott, Carolina, 3:25:53

1068, Bob Payne, Westerly, 34:54

1102, Lou Toscano, Westerly, 3:36:37

1177, Robert Recor, Westerly, 3:40:37 1249, Bruce Richmond,

Westerly, 3:44:47 1305, David Paling, Brad-

ford, 3:48:00 1472, Brian Richards, Shan-

nock, 3:58:42

1655, William Day, Richmond, 4:14:35

1760, Peter Richards, Bradford, 4:27:57 Carr Places Third

In Holiday Race

MANCHESTER, Conn. — Eleven-year-old Wendy Carr of the Westerly Track Club finished third in the Girls' High School Division of the Thanksgiving Day Road Race held last Thursday.

Carr completed the 4.7mile run in 32 minutes, 10 seconds.

Also competing among the 6,000 participants in the event were WTC members Tom Beattie (27:30) and Robert Carr (29:43).

This Friday night, the second monthly "Moon Run" (including one through fivemile events) will be held in Mystic, beginning at 7:30 p.m. The races, kicking off at the Mystic Community

Wendy is the owner of Prime Time Cafe



OFF TO THE RACES — Over 100 runners aged 11 to 60 started out Sunday in the First Annual Knights of Columbus, Council No. 21, Five-mile Boad Race through the streeets of Westerly and 90, led by Adrian Pelchal Jr, in a time of 25:50, crossed the finish line at Cimalore Field. The first woman across the line was Karen Isbister in 32:41. Top runners in their respective classes were: Men's Junior — S. Fisher 29:50, M. Kenyon 35:27, B. Bruno 43:44, Women's Junior — W. Carr 34:00. Men's High School — A. Pelchat 25:50, D. Mageau 25:52, E. St. Clair 30:32; Women's High School — K. Ceresa 33:30; Men's Open — J. Capozza 28:25, T. Holbrook 28:42, N. Bottone 29:00; Women's Open — N. Hudson 33:35, G. Chapman 35:09; A. Pleck 35:12; Men's Submaster — Joe Light 27:33, M. Conway 28:32, B. Christie 28:35; Women's Submaster — K. Isbister 29:34, J. Richmond 35:31, P. Baker 38:12; Men's Master — L. Hirsch 29:06, J. Walter 29:19, B. Benson 29:43; Women's Master — G. LePleur 39:38, A. McCoy 47:42; Men's Veteran — D. Werling 32:46, R. Parker 34:09, K. Shaw 39:20, Gift certificates and medals were awarded to the top finishers and the program concluded with refreshments for participants and spectators. Sal Genearelle was the race director. Sun Photo by Adriaan van Laarhoven

This was the first K of C race

November 1982



Winter 1983

WTC Participates 1-33-83 In Frostbite Run

WESTERLY — Last Sun- because of icy road condi-day's cold and snow failed to tions. deter six members of the Westerly Track Club from participating in the second annual Frostbite Run held in Mystic.

above, 3 miles if the ther- Club said members will be mometer registers below 10. receiving a newsletter and Last Sunday, however, the 1983 membership applicarace was shortened to 3 miles tions in the near future.

The finishes and times for Westerly runners were as follows:

Joe Light, seventh, 16:33; Way Hedding, 12th, 17:33; Bob Benson, 18th, 18:22; Bob The length of the race is Payne, 19th, 18:23; Mike normally determined by the Magana, 38th, 21:46; and temperature, 5 miles if the Melinda Hedding, 43rd, 23:14. temperature is 10 degrees or June Boyles of the Track



WESTERLY - The signs of a change in the season are becoming more and more evident and among them is the activity of members of the Westerly Track Club.

A number of club members were in North Stonington Sunday for the second annual St. Patrick's Day 6.2 mile run with Joe Light being the first Westerly runner across the line in a time of 34:37 good for 11th place overall.

Jim MacGlaflin of the WTC recently completed his first marathon event, running the 26.2-mile course in Mid-dletown, Conn., in 3:54:15.

Eight local runners entered the recent March Madness 5mile Road Race at URI. Light again led the local contingent across the finish line, logging a time of 27:17. Other runners and their times were Bob Benson, 29:58; Gerianne Chapman, 36:45; and with no times available, Mark Hawk, Roger Gibson, Bob Payne, Mike Conway and Michael Conway Jr.

The WTC will host the fourth annual "Clamdigger 5mile Road Race" on April 17 in Watch Hill, and anyone interested in assisting with the staging of this event is invited to contact June Boyles.

WTC Runners Finish Well 3-22 In New Bedford

WESTERLY — A small contingent of Westerly Track Club members traveled to New Bedford Sunday for the 6th annual New Bedford 13.1 mile Road Race.

About 2,000 runners took part. Joe Light lead the locals with a 1 hour 17 minute clocking; Mike Conway crossed the finish line next in 1:23.15 followed by Bob Payne at 1:28.20 and Nick Bottone 1:31.36. Charlie Ross ran a 1:43.50. Also running were Bob Burridge (time not reported) and June Boyles, who was unable to finish. Results were very slow to be posted, so placings could not be determined.

The 3rd Annual "Clamdigger" 5-mile Road Race will take plce April 17 starting at the Watch Hill Fire House at 11 a.m. Entry blanks are available at various local stores. Post entries will be accepted the day of the race.

Another noon run will be taking place Friday, March 25th, starting from the Mystic Community Center on Pearl St. Mystic. Starting time is 7:15 p.m. and includes all distances up to 5.5 miles. Beginners as well as veteran runners are welcome. There is no charge.

Frack Club News

By JUNE BOYLES MYSTIC - The Third Annual Valentines Day Couples Race was held here Sunday with 80 couples participating in the event

Six members of the Westerly Track Club - Bruce and Joyce Richmond, Rita Sompi and Ken Evans, and Adrian Pelchat III and Piper Faulkner - particiapted in the ever the

The race was developed to raise money for the Mystic

.l., Monday, March 14, 1983 Jim Uhrig

Winner of **Road Race**

NORTH STONINGTON -The wind was stiff and so was the competition Sunday in the second annual St. Patrick's Day 6.2-mile road race Sunday which attracted 163 runners

Jim Uhrig of Norwich was first across the finish line in a time of 30:54.5 and he was followed by David Litoff, 32:21.6; Ronald Knapp, 32:38; Fran Houle, 32:42; Joe Banas, 32:42; Bill Marshall, 92:55; Hun Smith 23:00; 32:55; Jim Smith, 33:02; Russell Blatt, 33:45; Len Nasser, 33:56; and Perry Foley, 34:05. Pat Swim of Stonington

placed first among the women with a time of 38:34 and she was followed by Lin-da Hunt, 45:36; and Cindy Claspell, 46:12

Sub-masters winners (age 30-39) were Marshall 32:55;

and Dottie Hoyt, 43:45. Masters winners (40-49) were Bob Landry, 35:37; and Geraldine Palonen, 46:47.

Grand masters (50-59) win-ners were John Kelley, 37:24; and Alice Campo, 51:10. Senior winner (60-69) was

Tony Campo, 37:06.

Under 18 winners were Don Sikorsky, 37:06; and Laura Nirtant, 47:03.

A number of Westerly Track Club members were in the North Stonington field with Joe Light finishing 11th overall and third in the submasters division with a time of 34:57. J.E. Vancans' time of 37:50 was good foir 25th overall and second in the master division.

Time for other Westerly runners: David Creamer, 18th, 36:34; Tom Peck, 29th. 38:24; Roger Gibson, 57th, 42:38; Colburn Graves, 68th, 44:02; Chester Creamer. 82nd, 45:42; Edward Hogan, 46:41; Bob Carroll, 51:59; and Ken Banks (time not recorded)

Community Center's Building Fund.

In other local running ac-tion, Joe Light of the WTC competed in a 25-kilometer (15.5 mile) race held in Central Park in New York City. Out of 623 starters, Joe placed 29th overall, sixth in the sub-masters division, with a time of one hour, 31 minutes.

Memberships for the WTC are now available. Applica-tions have been sent to all of last year's members along with a newsletter.

Anyone wishing to join the club can obtain an application from any club member or by writing WTC, Box 211, Westerly, R.I., 02891. Some forms are also available at the Westerly-Pawcatuck YM-CA.

You don't have to be a speed demon to join the club. If you enjoy running or jogging and would like to join others who share the same interest, please sign up.

APRIL 4, 1983 Westerly Runners Have Busy Weekend

WESTERLY - Running in ideal weather on Saturday, members of the Westerly Track Club turned in some excellent times in the annual Seaside Regional Center 5mile road race in Waterford.

With 120 runners competing, Joe Light finished 10th in 27:27 and Tom Peck finished in 25th place in 28:59. Other local runners and their times included Bob Payne, 31:27; Way Hedding 33:11; and Roger Gibson, 33:22. Chester Creamer's time was not recorded.

WTC runners also participated in the Groton Elks first annual Bud Jennings Memorial Road Race over a 3.1-mile course. Joe Light again led the WTC runners, placing 10th in a time of 15:36 and Nick Bottone placed 20th in 16:17.

Also competing were Bob Payne, Tom Peck, Tom Mc-Coy, Roger Gibson, Bruce Christie, Way Hedding and Wavne Hanson.



1983 Boston Marathon



MARATHON BOUND - Larry Hirsch, Bob Benson, J.E. Vancans of Westerly and Charlestown's Forester Safford (left to right), along with Tom Beattie of Westerly (not shown) will be among the thousands of long distance runners participating in the Boston Marathon on April 18. The five runners, all members of the Wester-ly Track Club, are shown here getting in some early morning roadwork in downtown Westerly.

(Sun Photo by Adriaan van Laarhoven)

4-13-83 **Five Area Long Distance Runners** Warming Up for THE Marathon

By JUNE BOYLES

WESTERLY — Spring is here and so is the 87th Boston Marathon. The annual 26.2-mile trek from Hopkinton, Mass., to the Prudential Building in downtown Boston

will be run April 18. Five Westerly Track Club members will be among the

Several thousand toeing the starting line on Monday. Tom Beattie, Bob Benson, Larry Hirsch, Forrester Saf-ford, and J.E. Vancans have all achieved the tough quali-fying times needed to be able to run officially.

Boston is one of the few marathons that require a marations that require a runner to complete a previous marathon in a specific time. Last year, however, there was talk of the Boston Marathon being taken away from the Boston Athletic Association (BAA) Athletic Association (BAA), the organizing body, and turned over to professional sponsors. That would have

meant a course change, in-cluding changing the "Pru" finish, and eliminating the qualifying times. To Bob Benson, running in

his fourth Boston this year, those changes "would destroy the tradition of the race. I like the qualifying times — the elitism of Boston appeals to me," he said. He went on to say that the only changes he would make would be to hold the race on

Sunday. Thankfully, the BAA has retained control of the marathon and the tradition remains.

Larry Hirsch is another WTC marathoner who is no stranger to the Boston tradition. After experiencing a rather unpleasant 1981 Boston Marathon, Larry sat out the 1982 event. But the fever was too much and he's back in 1983, making his seventh pilgrimage to seventh pilgrimage to Hopkinton, Mass. He is train-

I feel I am accompusing something." Beattie has experienced one Boston, but as a spec-tator. "I'm looking to this marathon as a unique ex-perience. I've heard a lot about the crowd support." about the crowd support." Tom did admit though, that he'll be "looking for that finish line."

Forrester Safford is also running his first Boston Marathon, but his acceptance wasn't as "cut and dr

ing despite some leg pro-blems and hopes to be able to was slightly over the finish the marathon. qualification standards set Tom Beattie and Janis by the BAA. But with the Vancans will be participating numbers running marathons in their first Boston these days, several official Vancans will be participating in their first Boston Marathon. For both men it was the policy of qualifying that attracted them to the Boston event. "Boston has been an ultimate goal for me," said Yancans. "It shows I am competing at a high level and I feel I am accomplishing "

Such was the case regar-ding Forrester, and the run-ner received his notification of acceptance only a few weeks ago. "It's hard to get psyched up for a race you don't know if you're in or not," Safford explained. Since his acceptance, though his training now has a pur pose.

The WTC runners will be recovering at a room in the Colonade Hotel in Boston

Local Runners

By JUNE BOYLES

WESTERLY - The six Six Westerly-area runners who participated in the Boston Marathon on Monday finished the event, with Bob Benson posting the best time of the group.

The 6,500-plus runners in the 87th running of the marathon had an "ideal" day for participating in the race, with cool temperatures and a tailwind.

Benson just missed breaking the three hour mark, recording a time of 3 hours, 30 seconds

Forrester Safford of Charlestown followed with a time of three hours, six minutes, with Larry Hirsch chasing him the last four miles to finish at 3:07. J.E. Vancans completed his first Boston with a 3:17 time.

Dottie Hoyt of North Stonington cross the finish line at about 3:47, while North Stonington's Kathy Isbister time was not available at press time. Tom Beattie was victimized by the flu the week

previous to the marathon and was unable to compete.

Last week, in a driving rain storm, 12-year-old Greg Hawk posted his best three-mile time of 18:49 at the Old Mystick Fun Run.

The last Moon Run of the spring will be held Friday evening, April 29 at 7:15 p.m. The run starts and finishes at the Mystic Community Center on Pearl St., Mystic.



Clamdigger April 18, 1983

'Clamdigger' Road Race Scheduled for April 17

By JUNE BOYLES The third ann

WESTERLYroad race will be held on April 17 Sponsored by the Westerly Track Chut, in com

with the Washington Trust Co., the race will start and finish at the Watch Hill Fire House on Watch Hill Board, the same site as last year.

The runners will leave the starting line at II a.m. and follow a course along Shore Road and Ocean View Highway through Watch Hill to the finish line.

Winning times from last year, which are records because of the first-year course, say Dave Baunig win the men's race in 24:51, and Wendy Bergren capiture the women's title in 31:34.

After the race, runners will be treated to dam chowder (hence the name "clambigger") and other refreshments, T-shirts will be presented to the first two runners to finish and awards will be presented in 6 ments and 6 women's divisions.

A new feature has been added to aid those run couples with children. Baby sitting will be provided from 10:30 a.m. to 12 noon. The children will be attended by experienced child care people and each child must be toilet trained

Entry applications are available at various local WTC, P.O. Box 211, Westerly, R.L. 02091. The entry fee is \$4 if postmarked before April 13, and \$5 after that and up until race time.

Club members are reminded that their 1983 me ship includes the entry fee for this race. The WTC is also looking for volunteers to help out with many of the various jobs connected with the race.

Bill Marshall Proves He's Best 'Clamdigger'

By JUNE BOYLES WATCH HILL — The heavens smiled on the Westerly Track Club Sun-day by opening up the clouds and letting the sun shine through just in time for the running of the Third Annual "Clamdig-neat"s mile read Tace

ger" 5-mile road race. A record 149 runners took off with the starters gun, with Bill Marshall of the Mohegan Striders of Namich Erkhing off a Norwich fighting off a strong bid by teammate and Westerly resident Jim Crowley to win the event in 25 minutes, 10 seconds. Crowley finished in 25:16

In the women's division, Carla Dossett of the Mohegan Striders shat-tered the course's women's record by more than a minute with a time

of 30:29. Several division records were also broken. The following are the top results in each division: Junior Men Shawn Magnuson 31:55

Snawn magnuson 31.35, Steve Letterle-WTC 32:22; Paul Sheets 33:03; Mike Conway Jr.-WTC 33:47; Reginald Grover-WTC 34:15.

Junior Women Kelly Pinckney 33:24-record; Wendy Carr-WTC



34:01; Karen Ceresa-WTC 34:18; Melinda Davis-WTC 34:39; Jodi and Sally Richmond-WTC 45:08.

Open Men Jim Crowley 25:16; Wayne Jacob 25:28; Tom Curry 27:30; Pete Cardinal-WTC 32:51.

32:51. Open Women Carla Dossett 30:29-record; Sheila Turner 33:57; Linda Hunt 34:10; Suzanne Bricker-WTC 36:28.

36:28. Sub-master Men Bill Marshall 25:10-record; Mike Smith 27:54; George Hirst 28:18; Ton Peck-WTC 28:45; Mike Conway Sr.-WTC 29:14; Brad Safford-WTC 29:38; Bob Payne-WTC 31:20; Robert Carr-WTC 32:14]; Dawp Pierce-WTC 32:41; Robert Carr-WTC 32:41; Dave Pierce-WTC 32:41; Roy Rathbone-WTC 33:39; John Cohoon-WTC 33:39; Paul Ceresa-WTC 34:42; Alan Burnett-WTC 36:25; Robert Carroll-WTC 38:05; Ken Banks-WTC 47:36. Sub-master Women

Rose Buckingham 35:04-record; Joyce Richmond-WTC 36:40; Sue Hirst 37:35; Bonnie Greene-WTC 44:14.

Master Men Clem McGrath 30:12; Joe E. Smith 30:18; Tom McCoy-WTC 30:22; Col-burn Graves-WTC 33:04.

Master Women Agnes Hall-WTC 37:32-record: Jeanne Schaffron 41:29; Elace Comrie 42:22; Arlene Mccoy-WTC 49:47.

Grandmaster Men Don Weirling 32:54-record; Charlie Ross-WTC 35:38; James MacGlafin-WTC 35:02; R.E. Webb-WTC 39:46. Grandmaster Women Alice Campo 54:17-record. Senior Men Anthony Campo 39:44.



TOP WTC RUNNER — Westerly Track Club mem Tom Peck crosses the line in 12th place overall wit time of 28:45, the best for a club member. (Sun Photos by Adriaan van Laarhov

glaces over his shoulder as he crosses the finish line



WTC Results in Beam 5-miler

By JUNE BOYLES

WESTERLY overall first place honors as the women's Sub-Master divimore than 60 runners turned sion. out for the Westerly Sports Boosters' 1st Annual Robert place overall and won the M. Beam Memorial 5-mile men's Sub-Master division road race Sunday.

force, with Joyce Richmond the Sub-Masters. capturing the overall

women's title with a time of outdone by his father, cap- 38:20 and Jodi Richmond took Jim 33 minutes, 55 seconds. The Crowley of Westerly took time also gave her a first in

> WTC's Joe Light took third with a time of 26:33. Mike

in 33:21.

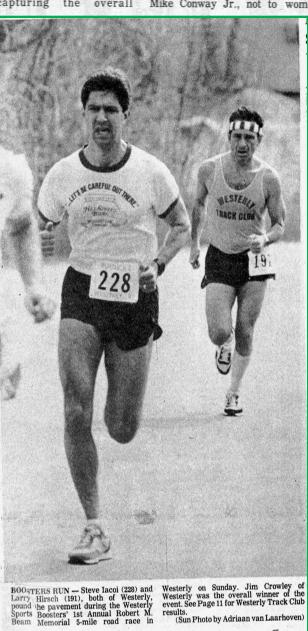
son took 1-2 in the men's Master Division with times of 28:41 (10th overall) and 29:21 (13th).

Agnes Hall took top honors Westerly Track Club Conway Sr. finished seventh in the women's Master divimembers were also out in in 28:03, and was second in sion with a 36:23 clocking. Mary Crowley was first in the Mike Conway Jr., not to women's Open division with

tured the top Junior position second in the girls' Junior division in 43:41, although she Larry Hirsch and Bob Ben- finished in a near tie with her sister, Sally.

Many other WTC members competed on the challenging course: Brad Safford (28:35, 9th); Steve Iacoi (28:44. 11th); Bob Payne (29:09, 12th); Forrester Safford (30:29, 20th); Peter Cardinal (30:40, 21st); Roger Gibson 22nd); (31:16, Colburn Graves (32:45, 27th); Terry Tarallo (33:58, 34th); Clarlie Ross (34:26, 36th); Paul Ceresa (34:43, 37th); Jim MacGlaflin (35:22, 43rd); Bruce Richmond (35:46. 47th); Bob Carroll (36:22, 49th); Nora Safford (37:00, 52nd); and William Day (37:15, 53rd).

Saturday Marked the 1st Annual Ledyard Mile at Ledyard High School. Joe Light placed 13th in 4:52. Colburn Graves was 44th in 5:48.



May 1, 1983

Bob Beam was a long-time track & field and running official who was on the scene at many area events.

The course was about .2 mile short.



May/June 1983

Fast Times Set in Lioness Road Race

By JUNE BOYLES A flat course made for some fast times Sunday in the 1st Annual Pawcatuck in the Open Women in her Lioness 5-k (3.1 mile) first race with a 25:30. Agnes "Journey for sight" road Hall and Arlene McCoy went race.

Westerly Track Club con-tingent with his fourth place finish in 16.29, which also gave him second place in the Sub-Master division.

Nick Bottone followed closely in eighth with a time of 16.57. Tom McCoy cap-tured first in the Masters division with an 18:00. Roger Gibson took third in the same division in 18:26.

Jim MacGlaflin ran the route in 20:49 for second in In the women's race, Karen omitted from last week's the Grandmaster division.

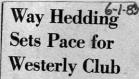
finishers list. Ceresa took the overall crown

in 19:14, which also gave her a first in the Junior Women's division. Sue Iacoi took a first first race with a 25:30. Agnes 1-2 in the Women's Masters Joe Light again led the with times of 22:52 and 27:13. Other WTC runners' times were: Bob Payne 17:53, Jim Azzinaro 18:37, Mark Hawk 18:53, Bob. Burnside 18:23, David Pierce 19:12, Colburn Graves 19:50, John Cohoon 19:53, Paul Ceresa 20:45, William Day 21:41, Bob Car-roll 21:44, Ken Shaw 22:34, Dick Webb 22:43, Kathy Hall 24:21, Ken Banks 26:49, and Tom Jones unreported. Nick Bottone's time of

27:22 for the 5-mile Westerly

Boosters Race last week was

Greg Hawk, son of long-time member Mark Hawk, went on to have an outstanding running career at Chariho HS.



WESTERLY The weather cooperated long enough Monday to permit the running of the 3rd Annual Sub Base Two and Five-Mile Road Races.

Way Hedding led the Westerly Track Club representatives over the challenging course with a 32:55 clocking. Roger Gibson was next in 33:54, followed by Colburn Graves in 34:40. Jim MacGlaflin finished in a good time of 36:58.

Joyce Richmond wasn't far behind in 37:03, good for third place in the Women's Sub-Master Division. Next came Mary Crowley in 37:23 and Bruce Richmond in 38:10.

Alice and Denise Burnett were delayed in parade traffic and started after the race had already taken off. But they both were able to finish with respectable times.

The Larry Hirsch Five-Mile Road Race, sponsored by the Elks, will be held on Sunday in Westerly. Volunteers will be needed.

WTC Results

By JOHN COHOON - Five WESTERLY members of the Westerly Track Club challenged the typically hilly North Ston-ington 6.2-mile course in the 1st Annual Posi-Seal International road race held Sunday.

Although the total field of 25 runners was small, due to other races in the area, the caliber of racing was high as was the organization and support facilities provided by the race sponsor and directors. This promises to be a quality event to run in the future.

WTC finishers were: Nick Battone, 8th, in 38:17; Bob Payne, 11th, in 40:38; Peter Cardinal, 13th, in 41:14; John Cohoon, 18th, in 44:21; Jim McLaughlin, 21st, in 46:31. Both Nick and Jim took home trophies for their good efforts in their age groups.

6-28-83



WTC Finishers In Hirsch Race

By JUNE BOYLES

sion. Bob Payne, finishing in 13th with a time of 30:10, took second in the same division.

Nick Bottone ran a 28:36, good for fourth overall and third in the Open Division. Steve Iacoi placed fifth overall in 29:14.

overall in 29:14. Bob Benson and Tom Mc-Coy battled for second and third places in the Masters Division and finished with tines of 29:57 and 30:01. Jim Azzinaro took 14th place in 30:39. Steve Sullivan and Steve Letterle finished close in 31:17 and 31:18 and were followed by J. E. Vancans in 31:23. Rounding out the WTC

Rounding out the WTC group were Mark Hawk, 21st group were Mark Hawk, 21st in 32:01, David Pierce, 23rd in 32:29, Colburn Graves, 29th in 33:20, Terry Tarallo, 33rd in 34:32, Charles Ross, 36th in 35:25, Bruce Richmond, 43rd in 27:14, and Jim McGlaffie in 37:14, and Jim MacGlaflin

By JUNE BOYLES 44th in 37:32. The sun came out and shore down on the 59 par-Gales Ferry, Way Hedding ticipants of the annual westerly Lodge of Elks spon-sored "Larry Hirsch S-Mile Road Race" Sunday. Westerly Lodge of Larry Westerly Lodge of Club run westerly Lodge of Larry tirsch S-Mile Road Sore 150 runners in a time westerly Lodge of Lub run rers. comprising almost one-in 31:44.

are field, turned in heat. Mike Conway Sr. was the club's top finisher in third place with a time of 28:21 minutes. He also captured son. Bob Payne

For a number of years, the annual Elks Club race was named in honor of Elks and WTC member, Larry Hirsch.

June 1983



OFF AND RUNNING — It was a bit crowded at the start of the 25th annual Westerly Elks's Larry Hirsch Five-mile Road Race Sunday as 69 runners got under way. At the end, it was

Mark Galloway and Debbie Chapman who crossed the finish line as the overall men's and women's winners respectively.

Galloway's winning time was 26:03 while Chapman ran the course in 37:35. (Sun Photo by Adriaan van Laarhoven)

WTC Runners in Two Tough Events

By JUNE BOYLES

Humidity made road racing all the more difficult Sunday in the 17th Annual Norwich Rose Arts 10.6-mile race.

A total of 590 runners were able to battle the elements of this challenging race to complete it.

Tom Peck crossed the finish line as the Westerly Track Club's first in 1:05:26 for 71st place. Joyce rich-mond was the club's lone award winner, taking third in the Women Masters division with a time of 1:22:12. Tom McCoy recorded a time of 1:08:18 to make the top 25 percent, along with Nick Bottone in 1:10:19 and Bob Benson in 1:10:45.

Way Hedding wasn't far back, coming in at 1:12:04, followed by J.E. Vancans in 1:12:34. Other WTC members recording good times were: Colburn Graves in 1:16:58; John Cahoon in 1:18:20; Charlie Ross in 1:20:32; Reginald Grover in 1:22:07; Jim MacGlaflin in 1:23:48; Bruce Richmond in 1:26:40;

and Ken Banks in 1:46:45.

Meanwhile, a pair of WTC runners chose to run a race in New Hampshire that only has one hill in the whole race. But that "hill" is eight miles long and goes up Mt. Washington along the access road. Joe Light completed the trek in 1:19:40 to finish 60th of 800. Tom Beattie also made the climb-run in 1:26:33 for 124th place.



WTC Runners In Area Races

By JUNE BOYLES Road races were in abun-dance this past weekend and competitors got their first taste of warm weather runn-

ing. The 4th annual Expo 5-mile road race started off the slate of races on Sunday with about

200 runners participating. Tom Peck led the Westerly Tom Peck led the Westerly Track Club contingent there with a time of 28:21 for 21st place. He was followed very closely by Nick Bottone in 28:28 (22nd place). Tom Mc-Coy was chased by teammate Bob Benson and they turned in times of 29:50 and 30:15. Rounding out the WTC group were: Jim Azzinaro (32:16). Rounding out the WTC group were: Jim Azzinaro (32:16), Roger Gibson (32:40), Col-burn Graves (32:40), John. Cohoon (33:38), and Jim MacGlaflin (36:33). Other WTC members travel-ed to Hope Valley for the Wood River Run to benefit the Wood River Health Serives.

Serives.

In that run, Greg Hawk tied for first place in the 1.5-miler with a time of 10:31. In the 4.5-miler, Mark Hawk led the locals with his time of 30:04. Susan Letterle followed in 31:15, with Karen Ceresa not far behind in 31:58. Paul Ceresa and Charlie Ross tied ta 33:55 for 11th place overall. Bruce Olean and Ken Shaw were also tied at 35:32. Ken Engle (37:19), Bill Day (37:42), and Doris Olean (40:16) completed the WTC group.

In Narragansett, runners literally "went to the dogs" in a 5-mile race to benefit the South County Animal Rescue League, Joe Light was the top WTC finisher with a fourth place overall and a time of

27:39. Mike Conway had a 29:00 timing followed by Tom Beattie in 29:54 and Bob Payne in 31:10. All finished in the top 25 out of about 200 runners

ners. Last week, most local run-ner participated in the YMCA Fitness Run. Joe Light and Bob Payne traveled to Foster, R.I., for the Moosup Valley 5-mile race. Joe finish-ed third overall in 26:46 and Bob was 19th in 29:35 out of over 100 runners. over 100 runners.

Fun Runs 1983



The Sun, Westerly, R.I., Friday, June 17, 1983 17 Fun Runs Begin Tuesday

By JUNE BOYLES WESTERLY - June WESTERIX - June 21 marks the first official day of summer and this year it also is the first evening of the Westerly Track Club-sponsored Fun Runs. Badimeter

Beginning from the Fenway Beach parking area in Weekapaug, the Fun Run-series will start another eight weeks of family fitness and participation.

Every Tuesday evening at 6 p.m., people of all ages can enjoy the benefits of running and jogging in a program designed to accommodate all abilities. Three different runs ablifties. Three different runs take place each night in distances of ½ mile, 1.5 miles and 3 miles. Speed is not im-portant, rather, the emphasis is on participation and com-plation pletion

The Fun Runs are free, so members as well as non-members of the WTC can participate. At the comple-tion of the eight weeks, a pic-nic is held to present the awards and to reminisce about the past summer of

running. Two different areas are used for Fun Run courses, the first in Weekapaug. Runs there will be held on June 21, July 5 and 19, and Aug. 2 The second area is the Stonington Recreation Area behind the Stonington High School. Dates for that area are June 28, July 12 and 26, and Aug. 9. The runs begin at 6 p.m. for each of the dates.

Director Tom McCoy add-ed a new twist last season that he plans to continue this year - one of the dates at the

Stonington site will include a times were 32:22 and 32:31 timed mile run on the track. respectively. Colburn Graves In WTC news, Bob Benson placed 60th in 36:46 over the and Bob Payne pushed each hilly course. Bob Payne other to 32nd and 33rd place made it a double-header finishings in the 5.4-mile weekend by racing in the Ex-Groton Recertation Road eter Pub 5-miler on Saturday at Cutler in which he placed 16th out of Jr. High in Mystic. Their 78 runners in 30:56.

6-24-83 **FunRunsUnderway**

By TOM McCOY

humid night. In the half-mile run for girls, Naomi LeRoy won the race in 4:47. She was followed in by Dacia Benson, Pat Ibister, Eva Payne, Danille Ibister and Sara Payne. In the half-mile race for boys, Brian White was tops

with a 4:59 time, followed by

In the one and one-half miler for women, June Marshall was first in 9:46. She was followed by Mary Crane, Carolyn Payne, Judy San-tangelo, Nancy Fausset, Karry Bowdish and Carolyn LeRoy. In the three and one-half

miler, Jim Crowley Jr. won in a time of 19:01. Joe Light was a close second in 19:05, with Tom Beattie third in 19:32.

In the women's division Pat Swim was tops in 21:35, Sue Letterel was second in 23:56, and June Boyles third in 26:16

The Next Fun Run will be held on Tuesday evening, June 27, at the Stonington High School athletic field at 6



By TOM McCOY

WESTERLY - A total of 71 runners turned out Tuesday night to participate in the third week of the Westerly Track Club's Fun Runs.

In the ½-mile race for girls: Julie Walker was first in 4:46, followed by Elizabeth Walker, Brandy Richmond, Dacia Benson and Patty Ibister.

In the boys' 1/2-miler: Nathan Jones was first in 7:49, followed by Mike Ames, David Renz, Matthew Cardinal and Brad Benson.

In the 1.5-miler for men: Way Hedding was first in 7:56 and Pete Cardinal second.

In the 1.5-miler for boys: Todd Swim was first followed by Eric York and Eric third. Cravener.

In thw women's division, Debbie Keown won in 9:13 and Cindy Walker was second.

In the girls' division, Mary Ann Haal won in 10:44 and Jennie Barber placed second. In the 3.5-miler, Jim Crowley won in 18:13, followed by Jim Hirst in 18:14, Joe

Fun Run Results

Light in 19:01, Tom Beattie in 19:06, and Tom Peck in 19:07. In the Masters' Division, Larry Hirsch was first in

20:43, with Bob Benson second, Roger Gibson third and Colburn Graves fourth.

In the women's 3.5-mile race, Pat Swim won in 21:22, Cathy Ibister was second in 22:30 and Sue Letterel 22:57, Joyce Richmond in 24:06 and Nora Safford in 26:25.

In the Masters' Division for women, Agnes Hall was first in 25:40, Carol Latham finished second and Arlene McCoy

Next week's Fun Run will be held Tuesday, July 12, beginning at 6 p.m. at the Stonington High athletic field.

Fun Run 'Results

By TOM McCOY

WESTERLY - They say only two types of people go outside on a rainy night mad dog's and Englishmen. Well, they can add runners to that statement.

A total of 40 runners came out to test their skills in the second week of Westerly Azzinaro in 15:33. Track Club Fun Runs.

In the ½-mile race for girls, Jenny Faucet won in 3:29, followed by Dacia Benson, Eva Payne, Becky Musilo and Sara Payne, in that order.

Brad Benson was the winner in the 1/2-mile for boys.

In the 1.7-mile race for men and boys, Terry Holbrook won in 9:12. Gred Hawk, Eric York and David Ames all ran weel in the event.

In the 1.7-mile race for girls, Jenny Hawk was tops in 11:35, followed by Mary Ann Hall, Mary Crane and Kathy Hall.

In the women's division, Agnes Hall was first in 12:09. and Carolyn Payne was second.

In the Men's 3-mile run, Jim Hurst won in 15:09, He was followed by Tom Peck in 15:15, Mike Conway in 15:18, Nick Bottone in 15:32 and Jim

In the 3-miler for women, Pat Swim was first in 17:03, Sue Letterel second and Trica Gagnon third.

In the Master's Division, Larry Hirsch was first in 16:23, and Bob Benson second in 16:35.

The next Fun Run will be at Fenway Beach in Weekpaug on Tuesday, July 5, beginning at6p.m.

There will also be a "Golden Mile Run" on Thursday evening, July 7th, beginning at 6 p.m. at the Westerly High School Track. Everyone is welcome to come out an run a mile.

75 Turn Out for **Fun Run**

WESTERLY - Seventyfive runners turned out to join in the Westerly Track Club's fourth weekly "Fun Run" held Tuesday evening.

Jim Hirst set the pace in the 3-mile race in a time of 14:54, just two seconds off the record held by Jim Crowley.

Pat Swim won the women's 3-mile competition and set a new mark with a time of 17:52, bettering her own record of 18:02.

In the half-mile run for girls, Brandy Richmond was first in 3:53. She was followed across the finish line by Dacia Benson and Sarah Conway. Nathan Jones set the pace

in the boys' mile with a time of 5:33. Brad Benson was second and Matt Cardinal third.

In the 1.4-mile run for men, Nick Bottone was first in 7:24 with Terry Holbrook second.

In the women's 1.4-mile run, Jennie Barber was first in 10:38 with Carolyn Payne second.

In the 3-mile race Jim Hirst was first in 14:54, followed by Joe Light 15:58; Mike Conway 16:16; Tom Peck 16:25; and Jim Crowley 16:37. In the master's division of

the 3-mile run, Larry Hirsch was first in 17:14 with Bob Benson second and Colburn Graves third.

In the 3-mile race for women, Paw Swim was first in 17:52 and was followed by Deb Keown 19:18; Kathy Ibister 19:43; June Boyles 21:36 and Joyce Richmond 22:30.

In the 3-mile junior boys' division, Mike Conway was first in 19:24 and was followed by Danny Baker 20:09; and Scott Brown 20:18.

The next Fun Run will be held July 19, 6 p.m., at Fen-way Beach in Weekapaug.

By TOM MCCOY with a 4:59 time, followed by WESTERLY — On Tues-day evening the Westerly Track Club's first Fun Run of the season was held at Fen-way Beach in Weekapaug. A total of 55 runners turned out to test their skills on a hot humid night

Fun Run Results

By TOM McCOY

WESTERLY — A total of 73 8:29. runners turned out for the In sixth weekly Fun Run spon-sored by the Westerly Track Club.

In the three-mile men's division run: Joe Light won in and Maureen McCoy in 11:41. 15:58, followed by Bob Landry in 16:08, Tom Peck in be on Tuesday, Aug. 3, begin-16:30, Steve Fagin 16:40 and ning at 6 p.m. at Fenway Jim Azzinaro in 16:52. Beach in Weekapaug.

In the three-mile women's division run: Pat Swim was meter race at the Westerly first in 18:26, followed by High Sch Virginia Ereshena in 19:07, Aug. 11. Kathy Isbister in 19:38, Joyce Richmond in 20:58 and June Boyles in 22:28.

In the junior three-mile division for boys, Scott Brown was first in 20:12, Steve Cote second in 20:57, and Mark Beardsley third in 23:05.

In the junior three-mile run for girls, Sue Letterel placed first in 19:17, followed by Patricia Gagnon in 22:39, and Melanie Gibson.

In the men's three-mile masters, Bob Landry was first in 16:08, followed by Larry Hirsch in 17:02 and "Jogger" Joe Smith in 17:42.

In the women's three-mile masters, Elace Comrie placed first in 27:17.

In the men's three-mile senior division, Jim Crowley Sr. was first in 25:19, and Sumner Lang second in 26:22.

In the 1/2-miler for boys' Mike Carmody was first in 3:07, followed by Perry Saunders in 3:26, Jessie Fausset in 3:42, Johnathan Brown in 4:13 and J.R. Brown in 4:14.

In the ¹/₂—miler for girls — Jenny Fausset was first in 3:21, followed by Destiny Vancans in 3:33, Sara Conway in 3:42. Also running well was Becky Musto.

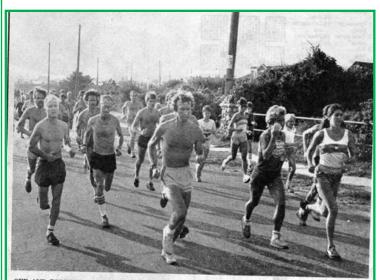
In the 1.5-mile run, Way Hedding placed first in 7:37, followed by Tom McCoy in 8:03, and Mike Conway Jr. in

In the 1.5-miler for women, Melissa DuBois was first in 10:43, followed by Sue Jeffery in 10:55, Carolyn Payne in 10:57, Nancy Fausset in 11:34

Next week's Fun Run will

There will also be a 3,000-High School track at 6 p.m. on

1983 Fun Runs cont.



OFF AND RUNNING — Participants in this week's Westery Track Club's "Fun Run" hit the road in Weekapaug, with (left to right) Colburn Graves, Tom McCoy, Brad Safford, Tricia Gagnon and Kathy Isbister

leading the pack. Next week's run will be held at the Stonington High School Athletic field on Aug. 9, at 6 p.m. (Sun Photo by Stephen Szydlowski)

73 Brave Heat in WTC Fun Run

By TOM McCOY WESTERLY – Despite the humidity, 73 runners turn-ed out this week for the Westerly Track Club's Fun Run in Weekpag. In the half-miler for boys, Mike Carmody placed first in 4:30. He was followed by Patrick Brown, Johnathan Brown, J.R. Brown, Christian Jeffery and Brad Benson. In the half-miler for girls, Liz Walker won in 4:33, followed by Destiny Yan Cans, Brandy Richmond, Jenny Fausset, Damielle Isbister and Patti Isbister. In the mais 1.5-miler, Nick Bottone Jr. won in 7:44. He was followed by Steve Letterle, Mike Conway Jr., Bruce Richmond, Eric York and Norman Rike. In 1the mas followed by Mary Bishen, Melanie Gib-son, Sue Jeffery, Carolyn Pane and Nancy Fausset. In the 35-miler for men, Jim Hirst was first in 18:08.

Adrian Pelchat III placed second in 18:46, followed by Joe Light (19:13), Jim Azzinaro (19:23) and Mike Con-way (19:39).

way (19:39). In the 3.5-mile men's masters, Larry Hirsch was first in 19:48, followed by Janis Van Cans in 20:51, and Bob Benson in 20:58. In the 3.5-miler for boys, Todd Swim placed first in 23:36, followed by Steve Cote and Peter Swim. In the 3.3-miller for women, Pat Swim won in 21:24. Cathy Isbister was second in 22:28, Sue Letterle third in 23:11, June Boyles fourth in 24:52, and Tricia Gagnon fifth in 25:39.

fifth in 25:39. Next week's Fun Run will be on Tuesday, Aug. 9, at 6 p.m. at the Stonington High School Athletic Field. Also, on Thursday, Aug. 11, at 6 p.m., there will be a 3,000 meter race at the Westerly High School track. Everyone is welcome to run

Track Club Has Final Fun Run

the heat and humidity, 79 runners turned out for the final Payne, 11:10. Westerly Track Club Fun Run of the summer season earlier this week.

Results are as follows:

Half-mile run for boys -Chris Sullivan, 3:21; Chris Gurr, 3:21; Patrick Brown, 3.52.

Half-mile run for girls -Liz Walker, 3:36; Brandy Richmond, 3:47; Desiree LaFrance, 3:55.

1.5-mile for men - Tom McCov, 8:09; Roger Gibson, 8:11; Dan Jeffery, no time.

1.5-mile for boys - Brian Gurr, 9:49; Eric York, 10:14; Jimmy Bell 13:14.

1.5-mile for women -

WESTERLY - In spite of Melanie Gibson, 9:59; Sue Jeffery, 10:27; Carolyn

> 1.5-mile for girls - Mary Beth Crane, 10:30; Nancy Fausset, 11:20; Cathy Brown 12:35.

> Three-mile race for men -Adrian Palchat III, 16:07; Pat Naughta, 16:13; Mike Conway, 16:25.

> Three-mile race for women - Cathy Isbister, 19:27; Pat Swim, 19:35; June Boyles, 22:42.

Boys' three-mile run -Mike Conway Jr., 18:58; Steve Cote, 19:34; Peter Swim, 22:21.

Awards will be presented at the Fun Run picnic Aug. 21 from 12 noon to 6 p.m.

Track Club Holds 'Golden Mile' Run

By TOM McCOY

WESTERLY - A total of 30 runners came to test their speed in the Westerly Track Club's Golden Mile, with two runners from the Westerly area coming out on top.

4:49, while Nick Battone Jr. placed second in 4:51. Two other runners breaking the 5minute barrier were Bill Pedace in 4:52 and Tom Peck in 4:56.

The winner in the women's race was Wendy Carr in 5:49. Winners in different divi-

sions were: Boys' Junior - Eric York

in 6:30.

Men's Open - Drurey, Bot- Joyce Richmond in 6:17.

tone, and J. Azzinaro in 5:06. Men's Submaster -Pedace, W. Hedding in 5:04, R. Noiles in 5:20.

Men's Master Larry Hirsch in 5:17, Tom McCoy in 5:21, G. Potter in 5:25, R. Ken Drurey won the mile in Lahouittier in 6:10, B. Richmnod in 6:24.

> Men's Seniors - G. Maine in 5:30, C. Graves in 5:58.

Girls' Junior - Carr, Mary Beth Crane in 6:28, Jody Richmond in 7:03, Nancy Fausset in 7:23, and Brady Richmond in 8:30.

Women's Open - Beth Marshall in 7:39. Women's Submaster



July/August 1983

WTC Runners Take to Woods

By JUNE BOYLES Westerly - Cross country courses add a bit of variety to road racing and are becoming more popular with many runners

Two-such races occurred this past week; Wednesday evening, 90 runners blazed their way through the Haley Farm in Giston, Conn., in the 2nd Bramble Scramble to benefit the Fitch crosscountry team.

The Westerly Track Club's Joe Light took third place overall in 28:40 over the 8kilometer course. Bob Payne recorded a 32:42 for 30th place. Charlie Ross took second in the 50-59 age division with his time of 36:25. Beth Marshall finished in 49:16.

Saturday, 150 runners took to the woods in the Pachaug State Forest in Voluntown, Conn., for the Mt. Misery 10,000-meter race. Joe Light emerged in 39:42, good for 15th place. Colburn Graves finished in 42:06, followed closely by Pete Cardinal in 42:26. Also competing for the WTC were Way Hedding and Brad Safford.

WTC members are reminded to drop off their baked goods for the Bake Sale, slated Friday July 29, beginning at 9 a.m. in downtown Westerly.

Local Runners Join in **Blessing of Fleet Run**

NARRAGANSETT — The Vancans, 65:25; Bob Payne, 12th annual Blessing of the 66:44; Jim MacGlaflin, 74:45; Fleet 10-mile road race last Joyce Richmond, 74:53; An-Friday evening attracted dy Clapham, 75:08; Bruce over 1,000 runners and among them were 13 members of the Safford, 79:50. Westerly Track Club, all of whom finished in the top half of the field.

Setting the pace for the Westerly runners was Tom Beattie who cracked the onehour mark, finishing 36th overall in 58:07.

Also finishing in the first 100 were Nick Bottone in 61:10; Brad Dafford in 61:35; 62:06.

Tom McCoy, 63:20; Janis all runners are welcome.

Richmond, 76:45; and Nora

The Westerly Track Club picnic date has been changed and is now scheduled for Sunday, Aug. 21 at the home of Brad and Nora Safford on Route 1 in Charlestown. Members wishing additional information should contact Joe Light.

Two more runs are planned at the new Westerly High and Forrester Safford in School track - a 3,000 meter race on Aug. 11 and a one-Bob Benson finished 105th mile race on Aug. 16. Both in 62:28 and was followed by will begin at 6 p.m. sharp and

8-1-83



By JUNE BOYLES Kelley 11.6-mile road race is usually run in hot humid weather and last Saturday's race was, again, no exception.

With the temperatures in the 90's at race time, many runners had to change their strategy from going all out to just getting through the distance with a good time.

Tom Beattie didn't seem to WESTERLY - The John J. let the heat get to him as he led all Westerly Track Club runners across the line in 68 minutes and 48 seconds for 51st place overall. Tom Peck was also able to break into the top 100 out of the 600 competitors for an 86th place finish in a time of 72:27. The next 100 runners found these WTC representatives among them: Tom McCoy (126th, 75:07), Bob Benson (131st, 75:41), and Way Hedding (153rd, 77:43). John Cohoon, running a personal record, crossed in 82:36, followed by Bob Payne in 87:17, Colburn Graves in 87:49, Charlie Ross in 89:24, Joyce Richmond in 89:56, Jim MacGlaflin in 91:32, Andy Clapham in 93:19, June Boyles in 95:29, Bob Carroll in 97:46, Jeff Morin in 98:57 and Bruce Richmond in 99:14.

8-23-83 Stack the Best In Dimes Race

PAWCATUCK - Bob Stack of Rockville, Md., with a time of 31:48, was the easy winner among the 56 entrants in the March of Dimes 10-K Road Race held in Pawcatuck on Sunday.

Placing second was Paul Piliero in 33:50, followed by Joe Light of the Westerly Track Club in 34:40.

Top finisher among the women runners was Susan Letterle, also of the Westerly Track Club, who finished 36th overall in a time of 43:20. She was followed by WTC's Karen Ceresa (41st) in 44:02. Both women were in the Junior Under-19 division.

The first finisher in the Male Junior Division was Adrian Pelchat III, who was 4th overall in 35:04, followed by Dan Dern in 35:17

Larry Hirsch, of the WTC, led the Masters division across the finish line in 35:44 good for 8th spot overall. He was followed by WTC's Bob Benson (14th) and Tom McCoy (16th) in 37:01 and 37:11 respectively.

The first Senior to cross the line was Gerard Nardone (28th) in 41:38, followed by Chester Creamer (34th) at 43:02, and Charlie Ross (40th) in 43:50.

Other Westerly Track Club runners partcipating were: Nick Bottone (6th) in 35:36, Mike Conway Sr. in 35:56, Mik Gillen in 36:39, Way Hedding in 36:58, Forrester Safford in 37:37, Jim Azzinaro in 37:52, Steve Iacoi in 37:56, Peter Cardinal in 39:07, Ray Noiles in 40:59 and colburn Graves in 41:30, Mike Conway Jr. in 43:27, Jim MacGlaflin in 45:17, Andy Clapham in 45:41, Bob Rifenburg in 46:06, Dick Webb in 50:12, and Beth Marshall in. 58:53.



From Summer 1983 Newsletter

at least 2/3 of these races are defunct

UPCOMING RACES

OF COMPTING STRONG	
MAY 8 - Pawcatuck Lioness 3 mile; starts near Al's Cafe	12 noon
MAY 15 - Westerly-Pawcatuck YMCA Pitness Run; 3,5,10 miles	12 noon
MAY 18 - Groton "RunHars" Rally(women only), 3.5 miles Avery Point	6 pm
MAY 22 - Expo 5 mile; Groton-N.L. Airpost	8130 RM
MAY 3) - Sub Base 2 and 5 mile 8:5	0 & 10 au
JUNE 5 - Larry Hirsch 5 mile; Elks Club, Westerly	
JUNF 5 - Father Casey 5 mile, Gales Ferry	l pm
JUN 12 - Groton 5.2 mile; Cutler Jr. High, Mystic	l pm
JUNA 19 - Norwich Rose Arts 13.6 mile	10 am
JUE 19 - Mt. Washington Ascent Race, 8 miles	11 88
JUE 26 - Run for Hope(Cancer Society), N.London; 2&5 mile) an
J WE 29 - "Diminishing Returns" Handicap 5 mile, Mystic CC	6 pm
CLY 2 - Canterbury 13k, Canterbury, CT	9 a.a
HIN 6 - Groton Week 3.3 mile	6 pm
ULY 20 - Bramble Scramble 10k x-country, Fitch H.S.	6:50 pm
JULY 22 - Narragansett 1) mile	6 ра
JULY 23 - Fort Adams 7 mile, Newport	6 ры
AUG. 6 - Kelley 11.6 mile, Ocean Beach, N.L. Applications close July 30	10 am
AUG. 6 Montville 6.7 mile, Camp Oakdale	10 am
AUG. 13 - Monegan Stråders 10k, Old Baltic Fire Dept.	1.0 am
AUG. 13 - Track Mest, Pitch H.S.	2 pm
AUG. 20 - Preston Fair 6.5 mile	9 s.a
SEPT. 5 - New Haven 20 k. New Haven Green	9an
SEPT. 10 - Block Island 9.3 mile(terative)	
SEPP. 15 - Norwich Downtown Merchants 2 & 4 mile	6:30 pa
SEPT. 25 - Chuck's Couples Caper - 3 mile; Coean Beach	
OCT. 2 - East Lyze Marathon	8:30 aus
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· · · · · · · · · · · · · · · · · · ·	and a state of the

For those interested in group marathon training runs, there are 2 opportunities. One is Saturday mornings at 7 am leaving from the Richmond house. The pace is great for a Déginning marathoner. Chatsot BoucefRichmond for details. The second group leaves Merchant Square Sunday mornings at 8 am. Contect Larry Hirsch. Both groups will begin sometime in mid-summer for the fall marathons.



September/October 1983

Runners Are Competing in Today's East Lyme Marathon

E BOYLES

distance of 26.2 miles to be through November annually for a dedicated runner to today in East Lyme, Conn. the ultimate test of their run-have the largest concentra-choose. to today in East Lyme, Conn. - Many run- the ultimate test of their run- have the largest concentrathe marathon ning ability, and September tion of marathons in this area

One such event will be held

Marathon was slated to begin at 8:30 a.m. from the East Lyme High School. The Westerly Track Club (WTC) had a good group planning to challenge the rolling course

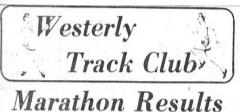
- Bob Benson, Tom Beattie. June Boyles, John Cohoon, Jim MacGlaflin, Bob Payne, Tom Petrarca, Tom Peck and Charlie Ross. The WTC will also handle a water stop for all runners at the 24-mile mark on the course.

One month from now, in Newport, the 8th Annual Ocean State Marathon will be held, starting at 11 a.m. from Rogers High School. Larry Hirsch is hoping to continue his unique streak of running and finishing every Ocean State Marathon held, Also competing for the WTC will be Bob Benson, Steve Iacoi, Bob Payne, Bruce Richmond Roy Rathbone, and Forrester Safford.

On that same day, Tom Beattie will be among several thousand runners competing in the Marine Corps Marathon in Washington, D.C. In addition, William Day has chosen Foxboro in November for his marathon this year.

Brad and Forrester Safford got one of their marathons in already in New Bedford. Un-fortunately, there were pro-blems with the race, forcing many runners to drop out. Brad finished in two hours and 53 minutes. Both Saffords are planning another marathon this fall; Brad in Cape Cod, and Forrester in Ocean State.

Joe Light has also com-pleted his 26.2-mile test already. He ran in the Clarence DeMar Marathon in Keepe N H Keene, N.H., several weeks ago, recording a time of two hours and 45 minutes, 30 seconds for 29th place out of 235 finishers. That time 235 finishers. That time qualifies him for next spring's Boston Marathon.



By JUNE BOYLES

Westerly, R.I., Sunday, October 2, 1983

EAST LYME, Conn. - Sunday started out as a beautiful day for the 4th Annual East Lyme Marathon: cool, cloudy, and a light rain had just ended. However, the weather turned humid in a short time, hindering many performances

For the Westerly trace duties associated with a road Club there were some duties associated with a road highlights and some let-downs. Tom Beattie and Tom member Joe Light. There also will be a general There also will be a general Beattie crossed the line in 2 hours 54 minutes, 41 seconds, with Peck following at 3:02:49.

Several personal records were established: Tom Petraca at 3:09:40, Bob Payne at 3:14:42, John Cohoon at 3:29:21, and Andy Clapham at 3:54:34.

Alos completing the course were J.E. Vancans in 3:16:32, Way Hedding in 3:32:18, Charlie Ross in 3:54:33, and Jim MacGlaflin in 4:07:25. This writer had to drop out at the 18-mile mark with leg problems. Most of these same runners will be competing in another marathon this fall.

Meanwhile, in Providence, Nick Bottone and Pete Cardinal were having a good day at the 5th Annual Old Stone Road Race. Nick toured the 5.2-mile course in a personal best of 35:15 to take 30th lace out of 1,300 runners. Pete finished in 231st place with his time of 41:30.

The WTC's 2nd Annual Fall Foliage 10-mile road race will be held this Sunday, Oct. 9. The race starts at the Watch Hill Fire Station at 11 a.m. and tours Watch Hill and Avondale on a slightly rolling course

Competition will be in five age divisions, both male and female, with merchandise prizes awarded to the top two finishers in each division. Refreshments will be served to the participants after the race. There is a \$5 entry fee, and the race is open to all who are interested. Those wishing

WTC membership meeting on Oct. 12.

oct 4

Chariho Boosters Road Race Results

Thirty-seven runners turned out for the Chariho Sports Boosters 10-kilometer Road Race Sunday and the Westerly Track Club enjoyed a fine day with its members capturing the top four places overall and the first three women's positions.

The basically level course touched in all three Chariho communities, Charlestown, Hopkinton and Richmond.

Mike Conway Sr. broke the tape in 35:19 and was followed by Brad Safford, 36:36; Forrester Safford, 37:55; and Peter Cardinal, 38:49.

Other Westerly Track Club runners and their times were Tom Jones, 6th, 40:21; Roger

Gibson, 7th, 40:26, good for first place in the master competition; Bruce Olean, 40:47; Mike Conway Jr., 40:49, good for first in the sub-junior division.

Paul Cerest made his masters' division debut in 44:39, good for second place in that division. Dick Webb rounded out the men's finishers in 58:58.

Karen Ceresa was the first woman across the line in 44:19 and also first in the junior women's division. June Boyles was first in the open division at 45:29. Other WTC women and their times were Nora Safford, 49:01; Nancy Fousset, 53:24; and Beth Marshall, 58:57.

Meanwhile, Tom McCoy was setting a 3-mile masters' record of 17:23 in Mansfield. Conn. He also captured a first place in the masters' division of the recent Norwich intown Merchants' 24

October 1983

Westerly Track Club, 80 Participate in **Fall Foliage Race**

By JUNE BOYLES WATCH HILL — Bright, sumy skies brought 80 yrac ners out to the Watch Hill Fire Station on Sunday to participate in the 2nd Anal Fall Foliage 10-mile road rac, sponsored by the Westerky Track Club.

Jim Crowley of Westerly, and the Mohegan Striders, led all 79 finishers over the slightly rolling course to win in 55 minutes and six seconds.

Senior division (50-year-old and older) record in 67:28.

Senior division (30-year-old and older) record in 67:28. Other division winners were: Junior Boys, Mike Con-way Jr. of WTC, 72:01; Men's Open, Bob Clark, 55:33; Women's Open, Pat Swim, 69:23; Men's Submaster, Cas Grygorce, Se:13; Women's Submaster, Rose Buck-ingham, 72:54; Men's Master, Bob Landry, 57:36; Women's Master, Dawn Low of the WTC, 84:25. The WTC finishers were: Mike Convay Sr. (9th, 60:42); Bob Benson (11th, 60:42); Bob Benson (11th, 62:40); Jeff Morin (16th, 62:40); Jerrester Safford (22nth, 63:32); Steve Iacoi (21st, 63:34); Hal Henry (22nd, 63:45), Dave Pierce (28th, 65:51); Bob Crocker (28th, 65:51); Bob Crocker (28th, 67:52); Robert Carr (29th, 66:27); Peter Cardinal (34th, 67:52); Robert Cardinal (36th, 68:31); Tom Jones (38th, 68:31); Tom Jones (38th 68:40); Roger Gibson (44th, 69:59), Ray Noiles (49th, 72:04); Terry Tarallo (73:00); Gerard Pierson (73:31); Colburn Graves Jr. (73:33); Joyce Richmond (74:01); Judy Pierson (74:33); June Boyles (78:31); Charlie Ross (79:35); Andy Clapham (79:47); Bob Rifen-burg (79:51); Robert Brooder (80:15); Nora Safford (82:50); and Linda Abraham-son (95:00). son (95:00). All WTC members are urg-

All WTC members are urg-ed to attend the general membership meeting on Wednesday at 7:30 p.m. at the American Legion Hall on Franklin St. Yoga instructor Ellie Brown will be the speaker. A short meeting for the induction of new board members and officers will also be held. Refreshments will be served will be served.

FALL FOLIAGE FOOTWORK — It was a perfect day for a workout as was discovered by more than 80 runners who turned out for the Westerly Track Club's 2nd Annual Fall Foliage 10-mile road race in Watch Hill Sunday. ing were: Mike Nedwidek (319), WTC's Terry Tarallo (345), Michael Swistak (273) and WTC's Dave Pierce (269), See story this page. (Sun Photo by Steve Szydłowski)

> The Cape Cod open relay team placed 24th out of 228 teams. The masters team was 53rd and 12th in masters division.

WTC Race Results

By JUNE BOYLES WATERFORD, Conn. More than 700 runners took the Cape Cod Relay, an 84time out from watching the New York City Marathon on Sunday to participate in the Strides for the Handicapped 3 and 5-mile road races in Waterford.

Among the runners leading the pack during the early go

In the 3-mile race, Westerly Track Club (WTC) member Tom McCoy took 28th place out of about 300 participants, with a time of 18 minutes, 42 seconds. His wife, Arlene,

Over the 5-mile distance, Joe Light was the top WTC finisher in 27:38, which was good for 18th place.

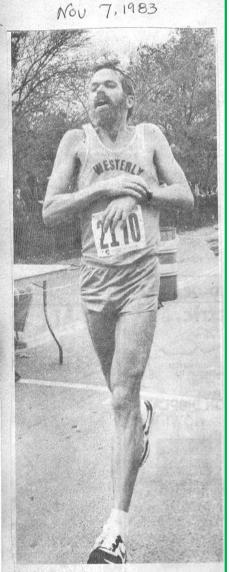
Some 400 runners took part in the latter race, with Tom in the latter race, with Tom Vancans completed Peck taking 28th place in about 20 minutes 28:33, followed by Jeff Morin Open team's finish. (42nd, 29:31), Way Hedding-(49th, 30:06), Tom Jones (98th, 31:35), John Cohoon (101st 31:58), Wendy Carr (114th, 32:33), Robert Carr (115th 32:37), Colburn (115th, 32:37), Colburn Graves (133rd, 33:21), Robert Colburn Brooder (35:56) and Melinda

Hedding (45:42).

The WTC sent two teams to mile jaunt from Plymouth to Provincetown. Each team consisted of eight members running one leg ranging from 6.7 miles to 15.8 miles. The Men's Open team, made up of Tom Beattie, Nick Bottone, Way Hedding, Joe Light, Joel Patingre, Tom Peck, For-rester Safford, and Jeff Walters, finished in eight hours, 20 minutes, good for 26th place overall.

The Masters team, con-sisting of Bob Benson, Ben Dyer, Roger Gibson, Larry Hirsch, Bob Landrey, Adrian Pelchat, Paul Riker and J.E. Vancans completed the run about 20 minutes after the

finished in 28:24.



PERSONAL BEST - Bob Benson of the Westerly Track Club crosses the finish line at the Ocean State Marathon in Newport Sunday in two hours, 50 minutes and seven seconds, for his best marathon time ever. The Westerly resident placed 108th overall and was the track club's top finisher. (Sun Photo by John Koulbans

Wendy Carr Paces Local Road Racers

By JUNE BOYLES WESTERLY - Westerly By JUNE BOAN WESTERLY — Westerly Carr had a busy holiday weekend, running two road races, including a strong per-formance in the 49th annual Manchester, Conn., Manchester, Day 4.7-Mile

The 12-year-old placed 2nd in the girls' High School divi-sion with a time of 30:12, only a second behind the 1st place girl. Only a second divided Carr from the third place

finisher. More than 5,000 runners

November/ December 1983

Track Club Results in Marathon, Tarzan Race

By JUNE BOYLES NEWPORT - The day was perfect - cool and cloudy to run 26.2 miles, and over 2,200 runners were ready to try just that at the 8th annual Ocean State Marathon held in

Newport yesterday. The Westerly Track Club (WTC) was well represented by 13 runners, and Bob Benson was the top WTC member to cross the finish line in 108th place in 2:50:07. Hot on his heels was teammate Larry Hirsch who finished in 2:5031 and cintinued his streak of running and finishing all eight of the Ocean State Marathons. Both men qualify for next spring's Boston Marathon.

The next group of WTC competitors included Forrester Safford in 3:02:43. Steve Iacoi in 3:05:16 (a personal record), Bob Payne in 3:11:46 (personal record), and Mike Conway, Sr. in 3:14:04 in his first attempt at the distance.

John Cohoon lowered his best time by six minutes with his 3:23:46 finish. Another first-time marathoner, Roger Gibson survived the grind in 3:35:53. Bruce Richmond was clocked at 3:59:32, followed by Andy Clapham in 4:00:35 and Jim MacGlaflin in 4:02:02. Dawn Low, the only WTC woman member par-ticipating, finished in 4:20:24. Last week in the first Anual Bostonfest Marathon, Tom Beattie recorded a 2:52 for the 26.2 mile course.

While the marathoners were testing their endurance, other WTC runners were testing their speed in Mystic at the Tarzan Brown 5.5-mile Road Race.

Joe Light was the first WTC member to cross the line in 23rd place among 631 participants with a time of 30:21. Also breaking into the top 100 were Nick Bottone, Jr. (38th, 31:13), Jim Azzinaro (68th, 32:20), Way Hedding (77th, 32:48), Jeff Morin (87th, 33:09), and Bob Crocker (100, 33:30)

Wendy Carr led the WTC women with a first place finish in the Junion Women division with a 35:49, which broke her own course record in the division.

Track Club Times In Knights' Race

WESTERLY — The Westerly Track Club com-prised over one-third of the field in Sunday's Westerly Knights of Columbus 5-mile road race which began and ended at Cimalore Field. Twelve-year-old Wendy Carr topped the women's

division with a record time of

place overall.)

Other divisional placements were ac-complished by: Karen Ceresa (2nd in girls' High School in 34:23); Joyce Richmond (2nd in women's Sub-master in 34:46); Joe Light (2nd in men's Sub-master in

By JUNE BOYLES 27:59); Bob Benson (300 m. DOMERIV — The men's Master in 29:49); Col-Compension (200 m. men's Master in 29:49); Colburn Graves (2nd in men's Veteran in 33:16); and Charlie Ross (3rd in men's Veteran in 35:25)

Rounding out the WTC constringent were: Mike Conway, Sr. – 29:01; Brad Safford – 29:32; Jim Azzinaro – 30:01; Jeff Morin – 30:13; Steve Iacoi – 30:14; Mark Hawk – 30:52; Robert Carr – 31:13; Pob Paving – 31:15; John 0.14; Mark Hawk 0.14; Banks.



Pearl Harbor 12-7 **Race Results**

By JUNE BOYLES

WESTERLY - Pearl Harbor is remembered in this area in a rather unique way with a road race. What makes this road race unique is that it is only for men and women 40 years old and older

The race was held in Waterford on Sunday and 38 despite degree temperatures, rain, and a vicious headwind, 63 runners competed over the five-mile distance.

Westerly Track Club's Bob Benson placed 7th overall with a time of 31:42, while Colburn Graves took 28th spot in 35:13. Jim McGlaflin crossed the line in 44th place in 39:24.

The Mystic River Moon runners are having their annual Bell run on Dec. 23 beginning at 7:30 p.m. The run starts from the former Mystic Community Center on Pearl St. and any distance up to 5.5 miles can be covered. All runners and joggers are welcome and are asked to wear jingle bells on their shoes and reflective gear on their bodies. There is no fee.

participated, including WTC's Beth Marshall, who turned in her best time. top honors in the men's grandmaster division with a

grandmaster division with a time of 33:12. Way Hedding was the top WTC runner among 83 finishers, crossing the line in 19th place in 30:37. Bob Carr followed in 31:13, good for 21st place. Next came John Cohoon (33:24); Bob Bifenburg (38:06); and Bob Rifenburg (36:06); and Bob Brooder (37:41).

Bob Brooder (37:41). In the 2-mile race, Arlene McCoy was first in the women's grandmaster divi-sion with her time of 18:40. Roger Gibson ran a 11:56 for 16th place. //-28

Financial Reports 1981-1983

21	WESTERLY TRACK CLUD, INC.		1	WESTERLY TRACK		
1 Sec. a	1981 Financial Report	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1		1982 Financia	l Report	
 Alticate 						
INCOME		1 - A	INCOME			
	1980 New Years Eve Buffet	\$ 420.00		1981 New Years Eve Buffet		\$ 696.00
19.12	Memberships	601.00		Memberships		512.00
	Town of Westerly	500.00		Town of Westerly		500.00
1 2	Clamdigger Road Race	757.00		Clamdigger Road Race		660.00
100	13.1 Half Marathon	230.97		Fall Foliage Road Race		378.10
	Yard Sale	235.53		Bake Sale		163.30
the se	Fun Run Program	86.30		Fun Run Program		
	Bake Sale	125.00	1	(HEREIN AND AND A LEAST AND AND A LEAST		12.00
	Donation	10.00	1.1	Donation	TOTAL INCOME	10.00 \$ 2931.90
	TOTAL INCOME	\$ 2965.80	EXPENSE		TOTAL INCOME	\$ \$931.90
EXPENSE			LAFENSE	1981 New Years Eve Buffet		
0	Morrone Agency (Insurance	\$ 320.75				\$ 736.36
e	New England Athletic Congress	25.00	0	1981 Half-Marathon		433.02
5 M - 1	Postage - Printing - Supplies	94.03		Morrone Agency (Insurance)		218.75
	Newport Hospitality Room	74.20		Annual and Open Meetings		76.00
2 - L	Annual Meeting	21.25		Postage - Printing - Supplies		116.71
		377.90		Newport Hospitality Room		76.30
	1980 New Years Eve Buffet			T-Shirts for New Members		224.70
	T-Shirts for New Members	132.30		Bake Sale		10.00
5.15	Bake Sale	10.00		Fall Foliage Road Race		479.89
	Yard Sale	30.00		Clamdigger Road Race		650.03
	Clamdigger Road Race	552.30		Fun Run Program		
6. * 1	13.1 Half Marathon	80.82		1.51		310.61
	Fun Run Program	315.22		R. I. Secretary of State		30.00
Ú	Miscellaneous	31.08		Miscellaneous		32,63
	TOTAL EXPENSE	\$ 2064.85			TOTAL EXPENSE	\$ 3395.00
		\$ 2965.80 Income 2064.85 Expense \$ 900.95	\sim			\$ 3395.00 Expens 2139.90 Income \$ 1255.10 (1982)

2139.90 Income \$ 1255.10 (1982)

/	WESTERLY TRACK CLUB, INC.		
	1983 Financial Report		
1.1			
1			
THEOME			
INCOME	Memberships	\$	516.5
	Town of Westerly		500.0
	Bake Sale		141.0
	Clamdigger Road Race		996.0
	Fall Foliage Road Race		286.0
		_	
	TOTAL INCOME	\$	2439.5
EXPENSE			
	Morrone Agency (Insurance)	s	367.0
	Annual & Open Meetings		25.0
	Postage - Printing		70.0
	Bake Sale		10.0
	T-Shirts New Members		107.3
	Hospitality Rooms (Boston & Newport Marathons)		192.6
	Fun Run Picnic		123.7
			901.2
	Clamdigger Road Race		
	Fall Foliage Road Race		309.9
	Miscellansous		7.5



In Memoriam

The following runners, who are no longer with us, were either WTC members or part of the area running scene.

Bill Bublitz Roger Camire Bobby Doyle Ron Hall Steve Hancock Holton (Sam) Hathaway Jessie Kelley George Maine Bruce Richmond Roger Schonning Charlie Stavros



End of Part 2